

Health Week-1917.

Comments on LEAGUE HEALTH WEEK TO END WITH 4 MEETINGS

"Better health, longer life, better children, a better race." In a nutshell this is what those promoting our health week state as the object of the current lectures, literature, moving pictures, news articles and mass meetings. That these methods of attacking the problem of high death rate are bringing results is attested to by the figures just issued by the Board of Health, showing a reduction in mortality among colored people in New York during the past year—a year which had a great increase in population.

Sunday, April 29, Health Week will close with a series of neighborhood meetings unsurpassed in New York City. Four meetings will be held as follows:

11 o'clock—Union Baptist Church, 206 West 60th street. Speakers: William Pickens, dean of Morgan College; Commissioner of Health Haven Emerson; Miss Elizabeth Walton, presiding.

2 o'clock—Palace Casino, 135th street and Madison Avenue. Speakers: William Pickens, Dr. E. P. Roberts, presiding. Music by Clef Club Orchestra. Fred Bryan, leader.

4:30 o'clock—St. Mark's Church, West 53d street. Speakers: William Pickens, Dr. Katherine B. Davis, president Parole Commission; Fred R. Moore, presiding.

8 o'clock—Bridge Street Church, Bridge street, near Myrtle avenue Brooklyn. Speakers: William Pickens, A. W. Towne, superintendent Brooklyn Society for the Prevention of Cruelty to Children, presiding.

L. Hollingsworth Wood, president and Eugene Kinckle Jones, executive secretary National Urban League, will also speak briefly at each meeting.

A limited number of free reserved seats are available at 2303 Seventh avenue.

In the automobiles besides the chairmen and speakers will be Editor Fred R. Moore, of the N. Y. Age; Editor George W. Harris, of the New York News, and John E. Robinson, City Editor of the Amsterdam News. The party will lunch at the Libya and dine in the evening at one of the well known restaurants.

Representatives from the Medical Association, Nurses' Association, Ministers' Unions, schools, civic societies, insurance companies and other organizations to the health-week committee of the Urban League, will meet at the office of J. G. Lemon, 719 1-2 West Broad street, Wednesday at 6 p. m. March 28th.

Health Week Committee:

D. J. Scott, Chairman

J. G. Lemon, Secretary

NATIONAL HEALTH WEEK

Are you getting ready for the National Health Week? Do not let any narrow notions prevent your rendering a large service to your race and community which this week offers. The good health of the members of your Church affect both the financial and spiritual life of the Church. Much of the sickness which hampers people is due to the ignorance of the laws of health, to poor sanitation, to poor ventilation and to carelessness. Such sickness is expensive not only in laid up days but in actual cost for doctor and medicine. So that even from the most selfish standpoint we ought to participate in this Health Week.

But moreover, he who thinks sanctification abides in filth does not know what sanctification is. Godliness and cleanliness go hand in hand. Dirty homes, with dirty beddings and rooms that have not been thoroughly ventilated for months are not conducive to the largest spiritual life. God would have us open these rooms to His generous sunshine and then more of the sunshine of glory will come into our hearts. Let us not fool ourselves and let us not be blinded by any false pride. The Clean-Up and Paint-Up Week is participated in by great cities of the country. The Clean-Up and Paint-Up Week has a National Bureau. This Health Week as suggested by Mr. Emmett J. Scott of Tuskegee Institute is most practical and timely. When this week was conducted some years ago under the leadership of Dr. Washington, churches within our denomination were thoroughly cleaned. This Clean-Up Week is a good time to clean up the pews, floors, and windows of the church. It will have a fine effect upon the membership. It will be one of the best sermons on cleanliness that a preacher can give to his congregation, and it would give least offense. If the church is thoroughly cleaned it will be a silent and irresistible sermon to some housekeeper who should get the lesson.

The National Negro Health Week is April 22-28. Next week there will be announcement of prizes for the observance of this week. Make your plans ahead. Reserve the last week in April for Health Week and make it effective among your people.



HEALTH TALKS

PREVENTIVE AND REMEDIAL
MEASURES for the CONSERVATION of HEALTH.

By DR. J. W. PIERCE

EXERCISE

It cannot be gainsaid that exercise is a very important factor in maintaining health. It has for its purpose, when indulged in to reasonable limits, a tonic influence upon the physical economy. The old adage that "all work and no play makes Jack a dull boy," is a truism that cannot be altogether disputed, notwithstanding the fact that it is so frequently discarded by so many people, especially the youth.

What we mean by exercise is not muscular exertion per se. Everyone who performs any sort of labor is compelled by virtue of the task to set in motion certain movements of the muscles of the body, thereby causing a certain and definite amount of exercise. Different tasks at intervals require the use of only groups of muscles leaving others in a state of quietude; on the other hand, other tasks call for the use more generally of all or many groups of muscles, but in most instances the exercise is void of the element of recreation or pleasure. Exercise, then, when viewed from a different angle, carries with it, in addition to mere muscular movement, some form of pleasure or recreation.

Taking this view of exercise, we may define it as having for its purpose the bringing into play or movement the several muscles of the body with a pleasurable or recreational end in view. For in this really lies the tonic effect of muscular exercise upon the constitution and upon conserving the balance in the economy of the tissues and organs of the body. Not only does such exercise produce salutary results upon the physical make-up of an individual, but it has a corresponding effect upon the mind as well. This is particularly true with the growing youth, for it is especially adapted to him during the developmental period of his life.

Recreational exercise converts certain dormant energies into activity, where at work-exercise they are untouched, depriving the body of one healthful asset that should be used in sustaining a physical and mental poise. This is easily demonstrated in

the contrast between any two boys, who in the one case all exercise is work and drudgery, and in the other work, plus recreational exercise. The former does not measure up to the full manly development, where in the other, you get a picture of symmetrical growth and mental development.

Again, pleasurable exercise produces a certain amount of rest and relaxation to hard-worked and over-used muscles; it establishes an equilibrium in the circulation of blood; it rests the mind from hard mental labor; it tones up the nervous structures of the body, increasing their energies to healthful ends; it creates a marked degree of contentment thereby fortifying and renewing the forces of the body for work.

Those pleasurable exercises that call for more or less all of the muscles of the body into play, should be the ones more generally indulged in. These are such as swimming, running, baseball, skating, lawn tennis, hurdling, cycling, etc. Such exercises make a demand upon almost all the muscles and give health and vigor to them.

It matters not where you may be located, these exercises should impress you with their healthful results. They can be had in the country on the farm as well as in the cities in the parks, or at some school or college. Efforts spent in providing such recreation for the youth is wisely expended and large returns will accrue from the investment.

HERALD

DAYTON, OHIO

April 21 to 27 will be an eventful week for colored folk throughout the United States, marking the celebration of "National Negro Health Week." This annual observance was launched in 1915 by the late Booker T. Washington. It was in fact one of the final acts of this man, universally recognized as the greatest leader his race has produced. In observing the week, as we sincerely trust that the colored folk of Dayton will do, they not only will be helping themselves, but they also will be honoring the memory of a man whose name they always should hold sacred.

NEGRO HEALTH WEEK TO BE OBSERVED, APRIL 22-28

Tuskegee Institute, Alabama.—The announcement of the contest for the best clean-up work during the National Negro Health Week which is to be observed April 22-28, has elicited most favorable comments from white and Negro people in all sections of the South. Letters from various committees organized to conduct Clean Up Campaigns indicate that the interest in this movement for better health is unsurpassed by that of any other similar movement conducted among our people.

President J. C. Napier of the National Negro Business League, spent several days recently at Tuskegee Institute in conference with Dr. Robert R. Moton, principal, and Emmett J. Scott, secretary and it has been agreed that the communities planning to report their clean up activities for consideration in connection with the silver cups offered by the National Clean Up and Paint Up Bureau, must make their reports and mail them not later than SATURDAY, MAY 12th. This will allow two full weeks after the close of the Health Week for the reports to be compiled and forwarded to Tuskegee Institute.

PROGRAM FOR THE CAMPAIGN.

Sunday—Sermon Day. On this day churches will give sound advice on how to keep physically and morally clean.

Monday—Fire Prevention Day—Clean your basements and attics of rubbish, greasy rags and waste paper. Fifty per cent of the fires start in rubbish piles.

Tuesday—Clean House Day—For general house cleaning. Clean all carpets, ventilate your cellars, scrub everything. Use plenty of soap and water everywhere.

Wednesday—Yard Day—Clean your yard of all rubbish. Cut lawns, plant flower beds, clean walks, repair sidewalks and fences.

Thursday—Paint Up and Whitewash Day—Paint up and whitewash inside and out, porches, fences, woodwork, porch chairs. Make everything radiant with fresh colors.

Friday—Fly, Mosquito and Rat Day—Give special attention to freeing your premises from breeding places of flies and mosquitoes, also get rid of rats.

Saturday—Vacant Lot Day—Equip school children with sharp pointed sticks and bags, and have them pick up papers on vacant lots, parks and playgrounds. Plow and plant garden plots wherever possible.

It is worth while to bear in mind three important

conditions regarding the contest. First, the reports should not exceed 700 words. Second, the reports should all be typewritten. Third, the reports should be mailed to the Secretary, National Negro Business League, Tuskegee Institute, Alabama. The committee of award as selected are announced as follows:

Suggested Committee to Award Cups in Connection with Negro Health Week

Dr. Robert E. Jones, Editor Southwestern Christian Advocate, New Orleans, Louisiana.

Dr. A. M. Curtis, Physician and Surgeon, Former Surgeon-in-Chief, Freedmen's Hospital, Washington, D. C.

Hon. J. C. Napier, President National Business League, Nashville, Tennessee.

Dr. Robert R. Moton, Principal Tuskegee Normal and Industrial Institute, Tuskegee, Alabama.

Mr. Heman E. Perry, President Standard Life Insurance Company, Atlanta, Georgia.

Mr. C. C. Spaulding, North Carolina Mutual and Provident Association, Durham, North Carolina.

Mr. W. M. Work, Editor Negro Year Book, Tuskegee Institute, Alabama.

Dr. D. W. Byrd, President National Medical Association, Norfolk, Virginia.

Mrs. Mary B. Talbert, President National Federation of Colored Women's Clubs, Buffalo, New York.

Miss Nannie H. Burroughs, Principal National Training School for Women and Girls, Washington, D. C.

Mr. Eugene Kinckle Jones, Executive Secretary, National League on Urban Conditions Among Negroes, New York City.

Dr. A. Wilberforce Williams, Physician and Surgeon, Health Editor Chicago Defender, Chicago, Ill.

According to present plan, the above committee will meet, canvass the various reports, and make representation of awards at the forthcoming meeting of the National Negro Business League, to be held in Chattanooga, Tennessee, August 15, 16, and 17, 1917.

SALISBURY NEGROES WILL OBSERVE HEALTH WEEK

Salisbury Evening Post
Members of the Race in This City Contesting for One of the Silver Cups Offered—Colored Civic League Here a Great Factor.

Beginning Sunday, April 22, the colored people not only of this state but throughout the whole country will observe National Negro Health Week. The negroes of Durham, Salisbury and Charlotte have availed themselves of this opportunity of improving their health conditions and are planning to make next week a worth while occasion. What is more, they are going in for a Clean-up Week that will count for something. According to their program such important matters as the location and condition of the well, spring and the privy, housing or overcrowding, and flies and mosquitoes, are to receive especial attention.

Although Salisbury has already had its spring clean-up week among the negroes, it is now contesting for one silver cup offered by the National Clean-up and Paint-up association of St. Louis to the negro community doing the best health work during Health Week. The Salisbury Civic League is probably the most active body of negroes in the state. They avail themselves of free health literature, lantern slides and lectures, and anti-typhoid vaccine, from the state board of health and are always among the first to co-operate in with the state in health activities, consequently their health record and other accomplishments are above the average.

The week's program consists of a special work for each day. Sunday is a day of prayer for better health conditions and ministers are asked to preach special health sermons. The other days are to be used in such work as cleaning house, sunning contests, burning rubbish, scrubbing with strong lye and hot water, whitewashing, cleaning yards and under houses, repairing fences, barns and privies and making the drinking water safe and sanitary. ✓

Health Week - 1917

Comments on.

NEGRO HEALTH WEEK TO BE OBSERVED IN THIS CITY BEGINNING SUNDAY NIGHT

MANY PROMINENT SPEAKERS TO ADDRESS GATHERING
ON HEALTH SUBJECTS

Urban League and Other Bodies in Charge

Street Speaking Health Tour
Wednesday and Thursday
Nights

The stage is set for Health Week Observance. Chairman D. J. Scott reports that all plans are fixed, all speakers for the various programs have been decided upon, the medical clinic for babies at Yamacraw Centre arranged, the automobiles secured for carrying the itinerant speakers, and a live program arranged for the great Health Mass Meeting at St. Philip church for Friday night, April 27th.

The campaign opened last Wednesday, April 18th, with addresses on Health Topics, at a meeting of all the teachers at Cuyler Street school, by Dr. Albert P. Williams and Dr. E. J. Smith and Superintendent Gibson. The message of health and better living is to be carried by the teachers to the pupils and from these to the thousands of parents and others whom they touch. A subsequent meeting of the teachers, on Wednesday, April 25, will be held for the purpose of reviewing and summarizing the work they may have accomplished.

On tomorrow evening, addresses will be delivered in all the churches by the pastors or physicians appointed for the purpose by the South Atlantic Medical Association (a list of these assignments is given elsewhere in The Tribune) on topics pertaining to health and sanitary living. These efforts will reach thousands of people, if faithfully carried out.

On Tuesday and Thursday nights, April 24 and 26, the automobile speaking tour will be put on. Drs. W. A. Harris, Middleton, Belcher and Messrs. W. H. Kennedy, Jr., E. W. Sherman and A. B. Singfield, traveling in

automobiles, in two groups, in the Eastern and Western sections of the city, will deliver short addresses at street corners in thickly populated sections.

On Wednesday beginning at 11 a. m. and continuing until 6 p. m. o'clock at Yamacraw Centre, on Joachim and Lumber streets, a free clinic for babies will be held. Assisting in this clinic will be many of the doctors. At this clinic it is expected that scores of children, whose parents are too poor to get medical attention, will have the bodies and teeth of their children examined.

The Sunshine Workers Committee, including Mesdames Moore, Deas, Washington and others and Misses McDowell and Robertson and Mrs. Jas. R. Davis, will be on hand to assist the physicians.

On Friday night, at St. Philip church, West Broad and Charles streets the great Health Week Mass meeting will be held. Addresses will be delivered by some of the most prominent authorities on medical topics in our city. These will include Drs. Brunner, Belcher, LaFayette, Prof. H. Pearson and Miss Ida Victory.

Music for the occasion will be furnished by the renowned St. Cecilia Musical Club and by a select sextette.

Every thing seems to be primed for prosecuting the most vigorous health campaign that Savannah has ever witnessed.

Among the various white organizations assisting in this work and co-operating with the Urban League are The Women's Federation, the city Health Department, the Metropolitan Life Insurance Company, which, through Mr. J. R. Spicer of this city, has furnished from its New York of-

free, several hundred pieces of health life & distribution.

HEALTH WEEK
Journal of the National Medical Association
It is gratifying to note the earnest and unselfish interest of the profession in the health week celebration. At the suggestion of our efficient General Secretary, Dr. W. G. Alexander, many reports were sent the editor, unfortunately, however, too late for publication in the last number of the Journal:

The following sent reports:

Dr. B. F. Jones, Danville, Ky., reports successful health week in that city, April 22nd. Drs. F. M. McClinton, G. M. Kendrick and J. H. Hale, of the Rock City Academy of Medicine, of Nashville, Tenn., report successful health week. Dr. R. L. Jones, of Charleston, W. Va., reports successful meeting April 29th. Dr. A. H. Wilson, Evansville, Ind., reports a lengthy and interesting program carried out in one of the large churches in that city. Dr. V. D. Turner reports a fine health meeting April 30th in St. Paul, Minn. The veteran physician, Dr. Geo. W. Cabiniss reports a successful meeting in Washington, D. C. Dr. Albert S. Reed, of New York, sends a well written itemized report of health week in

New York. This report will be found on another page of this number.

NEGRO DEATH RATE.

This year in April was observed for the second time the movement known as the National Negro Health Week. Statistics have been given out showing that the death rate among members of the race in this country has decreased, although it is still considerably higher than that of the white race. By various forms of education, by inculcation of the laws of hygiene and sanitation on the part of experts of both races, the ratio of mortality has become materially lessened. It remains to be seen, however, what effect northern migration, with severe climatic and miserable housing conditions, will have upon the race. It is said that of 225,000 Negroes who die annually in the South, 100,000 could be saved from death by applying the rules of modern medicine which operate on a prophylactic rather than a curative basis. The credulity of the Negro has been capitalized, particularly in the South, by manufacturers of patent medicines according to a bulletin issued by Hampton Institute. More than 60 per cent of Negroes are addicted to the use of nostrums and in some districts of the South 100 per cent. The larger number of these false remedies cultivate the use of alcoholic liquors. Judging from advertising which is observable in many religious papers throughout the South, we should guess that the Negro is not the only patent medicine guzzler in that region.—The Standard.

PICKENS SPEAKS AT 4 MEETINGS

Dean of Morgan's College,
Baltimore, Closes Urban
League Health Campaign

THOUSANDS HEAR HIM

Amsterdam News
Yale's Ten Eyck Prize Winner for Oratory Stirs City Folk and Urges All to Support Harlem Organization

William Pickens, dean of Morgan College, Baltimore, Md., who won the Ten Eyck prize for oratory while a student at Yale University, closed the health campaign conducted by the National Urban League with four rousing speeches last Sunday.

The series of meetings, which the League had arranged through its president, L. Hollinsworth Wood, Executive Secretary Eugene Kinckle-Jones, and manager of the Employment Bureau, John T. Clark, began in Union Baptist Church, West 63d street, at 11 o'clock. After this meeting the party, consisting of Dean Pickens, Mr. Wood, Mr. Jones, Mr. Clark, Editor Fred R. Moore, of the New York Age; N. B. Dodson, of the American Press Association, and John E. Robinson, city editor of the Amsterdam News, had luncheon in the "Picadilly," 150 West 132d street.

From there the party motored to the huge Palace Casino, where Dean Pickens addressed nearly two thousand people. Other speakers at this meeting were Borough President Marcus M. Marks, E. K. Jones and Allen D. Wood, who submitted a resolution which was adopted urging a bathhouse for Harlem. Dr. E. P. Roberts presided. From the Palace Casino the party motored to St. Mark's M. E. Church, West 53d street, where Dean Pickens addressed an audience that filled the big church. Others who addressed this meeting were Miss Helen Davis, of the Y. W. C. A., and Mr. Jones. Editor Moore presided.

From St. Mark's the party motored to Brooklyn, where they had dinner in the dining room of Mrs. M. Hanley 362 Bridge street. After dinner Dean Pickens spoke to a large audience in Bridge Street A. M. E. Church. Other speakers were James H. Hubert, head of Brooklyn Branch Urban League; Mr. Jones and Mr. Moore. Mr. Towne, president of the Brooklyn Urban League Board of Directors, presided. In all of his speeches Dean Pickens

said with emphasis:

"Since the principal cause is the environment, the remedy is science and social justice. Let us consider how closely bound is the question of health. The better health the better business success and economic progress, and the more success in business the better advantage for preserving health and especially for endowing the succeeding generation with health. The United States Census Department found out that the colored death rate figure grows smaller as his home ownership figures grows larger. The reason is evident—the man who owns a house will be producer of it; he will keep it in better repair and cleaner; he will cut a new window for light and air; he will put in panes promptly; he will engage the plumber without delay; he will install sanitary fixtures and conveniences, and, being freed from the bondage of rent, he will have more money for recreation, decent amusement and needed medical care. This is what makes the National League on Urban Conditions one of the most powerful organizations in the whole land; they realize that the question of physical, intellectual and moral health is closely connected with the question of industrial opportunity and economic condition. The League endeavors to get a man into a better job and his family into a better house, which will mean sounder health, more leisure and study and higher morals.

The health of a family has a direct relation to the salary of the father. It has been found in Manchester, Pa., that the babies of fathers who do not earn more than \$450 per year die four times as fast in the first twelve months as the babies of fathers who earn \$1,050 or more. A higher salary means a higher standard of living, more leisure and intelligence, better nourishment and care. It was also discovered that in the case of houses occupied by a single family the infant mortality is 86 per thousand, while in the case of tenements of six families or more the mortality of infants is 237 per thousand."

FOUR MEETINGS HELD ON HEALTH

Negro Health Week Ends In Greater N. Y. with Citizens Showing Much Interest.

WM. PICKENS HAS BUSY DAY

Dean of Morgan College and Representatives of Urban League Speak at

Four Enthusiastic Gatherings—Meetings at Palace Casino Attended by Representative Audience.

5/3/17
Negro Health Week, conducted in Greater New York under the auspices of the National Urban League, was brought to a successful close Sunday when four enthusiastic meetings were held in Manhattan and Brooklyn at which Dean William Pickens of Morgan College, Baltimore, was the principal speaker.

Union Baptist Church, St. Mark's M. E. Church, Palace Casino, New York, and the Bridge Street A. M. E. Church, Brooklyn, were the scenes of these unusual meetings held in the interest of health education, and Dean Pickens and his associates put in a very busy day as chief participants of a whirlwind finish. They were carried to their objective points in automobiles put at the disposal of the local committee by Mrs. Albert Erdmann and Mrs. Percival Knauth.

The largest meeting of the day was held at Palace Casino in 135th street at 2 o'clock, where Dean Pickens, Borough President Marks, L. Hollingsworth Woods, Eugene Kinckle Jones, were listened to by a representative audience. Seated in box near the stage was a delegation from the Colored Business Men's League, which is working to develop a larger spirit of race patronage in Harlem, and the remarks of Dean Pickens about the colored people of the district supporting those of the race engaged in business was vigorously applauded by the colored business men.

Want Bathhouse in Harlem.

Borough President Marks told his hearers that he favored the plan of establishing a bathhouse in Harlem, and resolutions relative thereto were adopted which have been sent to Mayor Mitchel and the Board of Estimates for consideration.

Messrs. Wood and Jones dwelt on the work being done by the league for the race in the community and asked that the National Urban League receive the moral and financial support of the colored people. Inspiring music was furnished by the Clef Club, Frederick Ryan, conductor, with J. Rosamond Johnson at the piano. The meeting was presided over by Dr. E. P. Roberts.

Well-known young ladies of New York and Brooklyn acted as ushers, who were assisted by members of the Douglass Students' Club and the Negro Civic Improvement Club. The young ladies who, besides acting as ushers, collected a number of yearly subscriptions for the Urban League, were Muriel Smith, Czarina Jackson, Vivienne A. Ward, Patricia Ferguson-Clark, Carita V. Owens Olyve L. Jeter, Mabelle McAdoo, Beatrice L. Lomax, Kitty Holbrook, Maude Bulkley, Rosalie Pickney, Sadie Henderson, Naomi B. Spencer Estelle A. Jarrott, Bes-

sie V. Marrow, Essie Goode and Olliva N. Harris.

The first meeting of the day was held at Union Baptist Church when a large congregation listened to Dean Pickens and representatives of the Urban League at 11 o'clock. Dr. George H. Sims, pastor, introduced Fred R. Moore, editor of THE AGE, who in turn introduced Miss Elizabeth Walton, who presided. Dean Pickens and the other speakers were listened to with marked attention, and a substantial financial offering was given to the league. Musical numbers were rendered by the choir of the church and a solo was sung by W. D. Hill, accompanied by Mrs. John T. Clark.

The third meeting of the day was held at St. Mark's M. E. Church at 4:30 o'clock. In the absence of Commissioner Katherine Davis, who was unable to be present, her sister, Miss Helen Davis of the Y. W. C. A., spoke. Dean Pickens was again heard to advantage as were the representatives of the league. Miss Mabel Diggs rendered two solos and patriotic songs were sung by the audience. Fred R. Moore presided at this meeting.

The last meeting was held Sunday evening at 8 o'clock at the Bridge Street A. M. E. Church, Brooklyn, when the Rev. C. P. Cole, pastor; Arthur W. Towne, superintendent of the Brooklyn Society for the Prevention of Cruelty to Children and James H. Hubert of the Urban League were on the program with these who had participated in the other three meetings.

A Question of Environment

In his speech during the day on "The Negro and Health" Dean Pickens said in part:

"The American Negro has been so often discussed as if he differed from other men in his relation to the laws of society that some have grown bold enough to imply that he differs from other men even in his relation to the CLEAN UP WEEK IS BEING WIDELY OBSERVED IN ATLANTA

Atlanta Independent
More and more as the campaign for health week is better understood and more widely advertised and worked with a system, more and more the people are taking hold and bringing things to pass. Everywhere one turns this week in the city of Atlanta he can see evidences of the clean up squad, which is composed of both men and women, boys and girls. Several of the leading white firms are contributing lime for sanitary purposes, and the people are taking advantage of this kind offer. Sunday afternoon, Miss Rosa Lowe, Secretary of the Anti-Tuberculosis Association, 23 East Cain Street, gave an illustrated lecture before a large audience of the

Parent-Teacher Association which was in session at the Odd Fellows Auditorium. The pictures were vivid lessons in themselves, and if the words of the speaker and the lessons of the pictures are remembered and put into practice our death rate in Atlanta, which is now 25 per cent per thousand, will be greatly reduced with the co-operation of the city authorities. Our death rate at present is a little higher than Boston or New York, notwithstanding we are in the "Sunny South." We just as well face the facts however disagreeable they may be, we are dying out at a greater rate per thousand in Atlanta, Savannah, Charleston, New Orleans and Memphis than in Boston, New York, Philadelphia. Somebody has not been doing his duty. This can be remedied if we face the facts and show a spirit of co-operation with those who are willing to lend a hand. Many of the things many of us are spending so much energy in discussing would not be if we were willing to put into practice some of the simple things that go to make men and women contented.

Beginning Monday, April 30, the first free clinic will open at the Neighborhood Union House on Leonard St., near Spelman Seminary, and will last one week, there, then it will be moved to another part of the city for another week and so on till the entire city is covered. This work is being done by a group of women, assisted by a great many of the physicians, who are giving their services free.

H. H. PACE, Chairman.

Journal

Washington, Del.

APR 8 - 1917

NATIONAL NEGRO HEALTH WEEK PLAN

Announcement Covering Prizes for Best Cleaned Communities During Campaign

COMMITTEES TO BE APPOINTED

TUSKEGEE INSTITUTE, Alabama.

March 7.—In the first call for the National Negro Health Week which is to be observed April 21 to 27, 1917, reference was made to the co-operation of the National "Clean Up and Paint Up" Campaign Bureau, Kinloch Building, St. Louis, Missouri.

In addition to their offer to send literature to any community where Health Week Campaigns may be observed they have now offered three cups for the best clean up effort among the Negro people. In a letter to Emmett J. Scott, secretary of the National Negro Business League, Allen W. Clark, chairman of the Clean Up and Paint Up Bureau, says concerning the prizes:

"However, we have decided upon one thing that I hope will interest and please you, viz., to offer you three Silver Cups, suitable for first, second and third prizes to the three communities or local Negro committees or chairman of local campaigns among your people, that submit the best report of the best work, done in a "Clean Up and Paint Up" campaign that has for its "Opening Week," your own "Health Week"—such report or campaign contest to be conducted under your auspices, and your published conditions of contest, and the prizes to be awarded by judges named by you or your executive committee that has your Health Week campaign in charge."

The conditions of the contest together with names of the judges will be published later. Local committees and campaign chairmen desiring to enter their communities for these cups should make known their intentions to Emmett J. Scott, secretary, Tuskegee Institute, Alabama. He will also be very glad to send detailed plans and suggestions for conducting Health Week campaigns.

NEGROES WILL CLEAN UP HERE THIS WEEK

Three Mass Meetings Were Held Sunday.

Freeman, 5/5/17.
(By G. Homer Crocker.)

Durham, N. C.

Three mass meetings was held in this city Sunday afternoon in the interest of the propagation of plans for cleaning up those sections of Durham where Colored people live. The period between April 22 and April 28 will be observed as clean-up week and the Colored people of Durham are determined to co-operate heartily in this move. Those who are unable to purchase lime will be furnished this product by the Colored Women's Society, and the city garbage wagons will be available to cart off the rubbish, which will be accumulated.

The Rabbit Foot Minstrels was in our city last week and their drummer, Joe White, was the whole show in the parade, when the band played his favorite piece, "Oh You Drummer Boy." It was some hit. Our people say he is the guy that put raps in traps.

G. W. King, agent for The Freeman.

Health Week - 1917

Comments on NEGRO HEALTH WEEK.

According to announcement sent out from Tuskegee Institute, under auspices of the National Negro Business League, National Negro Health Week will be observed from Sunday, April 22, through Saturday, April 28.

A program for the campaign appears elsewhere in these columns and The Observer urges our people to observe the same.

Furthermore, an effort should always be made to keep our premises clean and in a healthy condition.

Despite the fact that we are often forced to live in very insanitary places, we should do our utmost to render them at least decent and respectable.

Our health problem is indeed a vexing phase of our life and our best efforts are necessary to reduce our enormous death rate.

Then the authorities should also see to it that we receive more consideration along this line and our efficiency along all lines will be materially increased and made more potent.

Cleaning up once a year beats the failure to clean up at all; but daily and weekly clean ups will prove of inestimable value in producing long life, and a healthy and vigorous race.

Chicago Defender

National Clean Up and Paint Up Week

It is the desire of the thoughtful, foresighted and progressive Colored people of this nation that the members of that race, led by the National Negro Business League of Tuskegee, observe the week beginning April 21 and ending April 28, 1917, as CLEAN UP and PAINT UP WEEK; and keep clean the home and its premises; to pay especial attention to the front and back yard, to the cellar, alley, that vacant lot next door to you, the toilet, the refrigerator, the garbage and ash cans. This is highly important at this particular time; and to the people of Chicago, especially because of the strenuous, unfriendly and often most unfair efforts that are being made, even at this critical war time of the nation, to segregate the Negro people in certain portions of this city; and, the reason given for their unjust, unfair treatment of the Colored people is that Negro people do not improve nor keep up the repairs on their own property and that they keep the back yards full of old cans, piles of ashes and beer bottles, discarded milk bottles, old paper and other rubbish. We want this "Clean Up and Paint Up Week" to be a refutation of this often slanderous and malicious statement. We can clean out our basements—we can clean up our front halls, rid them of old newspapers, rags and other dirt—we can



Dr. Williams

repair the steps in front of our homes,

we can repair the fences—and we can rake our back yards and the front yard—we can keep our premises in front and in the back so clean, tasty and inviting that any one passing will be unable to guess the inhabitants of that place, on account of its unhygienic, dirty and uninviting appearance.

It has been said that one on taking a walk can tell the different nationalities living in certain houses by the general appearance and upkeep of the premises. Especially is it claimed that you can always tell where Colored people live in the summer time on a bright, sunny days, because the negro people often hang out of their windows and obstruct the doorway by sitting on their front steps and on account of the abundance of old beer bottles, rubbish and other disagreeable things lying around the premises.

We know to a large extent that this is not true and on the other hand, it is true, in many instances it is too true; that it is proving very hurtful and detrimental to those who are trying to make good citizens and live up to the most sanitary and hygienic life.

Program for the Clean Up Campaign
The program, as outlined by Mr. Emmet J. Scott and his coworkers, is very plain, concise and can be easily put in force and carried out.

Sunday

SERMON DAY—On Sunday, April 22, it is hoped that all the churches will give some advice on "HOW TO KEEP PHYSICALLY AND MORALLY CLEAN." We hope that every minister in Chicago will set aside that day and that he will give the Colored people sound advice on keeping morally clean inside and outside of their bodies; on keeping their homes clean inside and outside, for the reason that cleanliness of body, home and premises bear a very close relation to health and physical efficiency.

Monday

FIRE PREVENTION DAY—The said committee advises you to clean your basement and attic of all rubbish, greasy rags, old waste paper, mattresses, etc.; that 50 per cent of all fires start in rubbish piles.

Tuesday

CLEAN HOUSE DAY—For general house cleaning said committee advises you to clean all carpets, rugs, ventilate your cellars, the basements, clean your sinks—so many people have their kitchen sink filled with coffee or tea grounds, egg shells, the parings of fruits and vegetables. Scrub everything—use plenty of soap and water. Soap and water are good disinfectants and are cheap and easily gotten everywhere.

Wednesday

YARD DAY—Clean your yard of all rubbish, even if you do not own the place. If you are renting—clean your yard. You will feel better and it will stimulate in you self-pride and make you love your home instead of the cabaret and saloon. Cut the grass on your lawns, plant flowers; if you have no yards, put flowers in boxes in your windows, beautify your homes clean your walks, repair your sidewalks—repair your broken fences. Do you know that some people take care of their homes as well as they take care of their bodies? Some people like to have their parlor nice and clean—all bright in every place that a visitor might observe, but under the piano, under the settee and, in fact, under all stationary furniture, will be found piles of dirt or rubbish. Sweep under your heavy furniture; do not push dirt under it to escape the critical eye of your neighbor. This is a habit often practiced by people in regard to bodily cleanliness. They have no care as to their dirty underwear and their dirty bodies, just so their top linen and clothes that are likely to be seen are clean and make as they say: "A GOOD FRONT." People of this character are dirty and have no self-pride.

Thursday

PAINT UP AND WHITEWASH DAY—The committee advises you to paint and whitewash inside and outside all your porches, fences, woodworks, your porch chairs and make everything radiant and fresh with colors.

Friday

FLY, MOSQUITO AND RAT DAY—The committee urges you to swat the fly early and late and to give especial attention to freeing your premises from breeding places of flies and mosquitoes; such as manure boxes, stagnant water ponds, etc., and also get rid of rats, fleas, bugs and other vermin about your premises.

Saturday

VACANT LOT DAY—Mr. Scott and his committee advises the children be equipped with a sharp pointed stick and bags and have them pick up papers, etc., on the vacant lots, on the play grounds, etc. Plow and plant garden plots wherever possible.

We trust that the 80,000 subscribers and the many thousands more readers of this paper, will read carefully, observe and practice the wholesome advice herein given and outlined by the Clean Up Committee; not only during the week in April, 1917, but every week and month for years to come. Follow the advice as outlined and there will be less or no cause for the many complaints lodged against the Negro people, not only by the white people, but by many of the members of our race, for not wanting to live in the neighborhood thickly inhabited by Negroes, because they do not keep their property

up and that their premises are always dirty, insanitary and noninviting. Will you observe Clean Up Week and keep clean?

PLANS ARE COMPLETED FOR NATIONAL HEALTH WEEK IN CITY OF ATLANTA.

Atlanta Independent
There has been no more complete arrangements for a campaign of any kind than those just worked out by the Anti-Tuberculosis Association with the assistance of the leading insurance companies and secret organizations under the leadership of Mr. H. H. Pace, chairman and Miss Rosa Lowe of the Raoul Foundation of this city.

In connection with this observance of the National Health Week, another feature of the Anti-Tuberculosis Association will be carried along which will run for a number of weeks, and that will be the City-Wide Clinic. It is the purpose of the Association to hold a free clinic in every ward in the city of Atlanta to help the helpless and at the same time get a thorough grip on the disease spots throughout the city. The first clinic will be held at the Neighborhood Union House, near Spellman Seminary, and the following week it will be moved to another section of the city. The physicians will give their services free on certain days, taking their turns so that some one will be on the job all the time. The clinic will be under a staff of Lady Supervisors.

The following insurance companies and secret orders have combined to help in the National Health Week, which begins this Saturday and runs through till the next Friday. The dates for the health week are April 21-27: The Atlanta Mutual, The North Carolina Mutual, The Standard Life, The Pilgrim Life and Health, The Independent Benevolent Order, the G. U. O. O. F., contributed the funds for the printing of something like thirty thousand circulars of special information as to the things to be done during health week and after.

Let our people throughout the city get ready for this great campaign and help kill out our greatest enemy—disease germs in their various forms.

We have been saying for these past years that we were getting ready to die; now let us go one step further, and get ready to live. However anxious you may be to join the great white-robed throng, you must be impressed with the fact that when Jesus prayed that memorable prayer of His which is recorded in the 17th chapter of St. John, He used these words in reference to his followers: "I pray not that thou shouldst take them out

of the world, but that thou shouldst keep them from the evil." W. J. T.

STATE NORMAL NEWS.

Health Week was observed at State Normal last week. The following addressed the students and gave them splendid suggestions and helps relative to laws of health: Dr. H. H. Shoulders, Dr. J. H. Hale and Dr. C. V. Roman.

The Metropolitan Insurance Company also rendered excellent service in distributing literature through the two nurses employed to look after the sick who belong to this company. The nurses, Misses Lyttle and Farnell, together with a representative from the insurance company, visited the institution Wednesday last.

The all team is off on a tour in West Tennessee, also the famous quartet under the direction of Prof. Ryder. Miss Croghan accompanied them. The concerts given by them in that section of the state are a great success, and the people are high in their praise for State Normal talent.

President Hale has just returned from a trip in the western part of the state, where he witnessed some of the ball games of the Normal team, also some of the concerts given by the quartette.

May 1st an immense crowd witnessed the May Day exercises of State Normal. Tennis, races, physical exercises and athletic drills featured the program of the day. At 7:30 the same evening the students and friends were called to the chapel, where they listened to a splendid lecture by Mr. H. A. Morgan on "Farming and Gardening," urging the people to begin work at once. After the lecture movies were operated by Prof. Anderson.

Journal

MAR 9 1917

NEGRO HEALTH WEEK

NATIONAL OBSERVANCE AND GENERAL COOPERATION IS URGED.

Tuskegee Institute, Ala., March 9.—The executive committee of the National Negro Business League, at the annual session held in Kansas City, Mo., August 16, 17 and 18, 1916, passed a resolution ratifying the suggestion of the secretary of the national organization that a Negro health week be observed next year, as was done dur-

ing the year 1915 under the general direction and supervision of Dr. Booker T. Washington, president, and the executive committee of the National Negro Business league. The secretary was authorized to work out full details of publicity in connection with the observance of national Negro health week, and announce same through the public press.

Since the meeting of the National Negro Business league, it has been decided by the Tuskegee Normal and Industrial Institute to devote the coming Tuskegee Negro conference, to be held January 17 and 18, 1917, to a discussion mainly of Negro health. It has thus been decided that these two influential organizations shall join hands in a campaign for Negro health. The week beginning Sunday, April 22, 1917, has been decided upon as the week to be observed, and an invitation is hereby extended to each and every organization interested in Negro health to join with them in the effort to improve health conditions among the Negro people.

Age **HERALD**

Birmingham, Ala.

Important Work
Among Negroes

THE conservation of negro health is one of the questions of far-reaching concern at the present time. The days of April 22-28 are set apart as "National Negro Health Week," and not only will leaders of the colored race exert their best efforts to make the campaign fruitful, but the white people of the south will be glad to aid them in this laudable enterprise.

The late Booker T. Washington promoted the first health week campaign. It was worth a great deal to this section, and subsequent campaigns have been notably successful in keeping up interest in this great cause. Dr. Washington, in a succinct statement about the death rate which appeared in his call for health week, concluded with these wise words: "Without health and long life all else fails. We must reduce our high death rate, dethrone disease and enthrone health and long life. We may differ on other subjects, but there is no room for difference here. Let

us make a strong, long united pull together."

A well illustrated and admirably written health pamphlet is being distributed from Tuskegee. It contains a few startling statistics, but they are so clearly presented as to arrest the attention of any negro who can read. It is stated that 450,000 negroes in the south are seriously ill all the time. The annual cost of sickness among the negroes is estimated at \$75,000,000. About one-half of this sickness is preventable. And the object of those who are leading in the health week campaign is to minimize this frightful waste of human life.

Anyone who looks over the health week pamphlet will see at a glance that the committee in charge is in earnest and is going at its work in the right way.

PLAN CONSERVING HEALTH OF NEGRO

National Cleanup Bureau Aid
Move to Be Observed
April 21 to 27.

450,000 ILL IN SOUTH

TUSKEGEE INSTITUTE, Ala., March 10.—In the first call for the national negro health week to be observed April 21 to 27, reference was made to the co-operation of the national "Cleanup and Paintup" Campaign Bureau of St. Louis, Mo.

In addition to their offer to send literature to any community where health week campaigns may be observed they have now offered three prize cups for the best cleanup effort among the negro people. In a letter to Emmett J. Scott, secretary of the National Negro Business League, Allen W. Clark, chairman of the cleanup and paintup bureau, says concerning the prizes:

"We have decided upon one thing that I hope will interest and please you, viz., to offer you three silver cups, suitable for first, second and third prizes to the three communities or local negro committees, or chairmen of local campaigns among your people, that submit the best report of the best work done in a 'cleanup and paintup' campaign that has for its 'opening week' your own 'health week'—such report or campaign to be conducted under your auspices and your published conditions of contest, and the

prizes to be awarded by judges named by you or your executive committee that has our health week campaign in charge."

Condition to Be Given.

The conditions of the contest, together with names of the judges, will be published later. Local committees and campaign chairmen desiring to enter their communities for these cups should make known their intentions to Emmett J. Scott, secretary, Tuskegee Institute, Alabama. He will also be very glad to send detailed plans and suggestions for conducting health week campaigns.

The executive committee of the National Negro Business League, at the annual session in Kansas City, in 1916, passed a resolution ratifying the suggestion of the secretary of the national organization that a negro health week be observed as was done during 1915 under the general direction and supervision of Dr. Booker T. Washington. The secretary was authorized to work out full details of publicity.

Since the meeting it has been decided by the Tuskegee Normal and Industrial Institute to devote the coming Tuskegee Negro Conference, Jan 17 and 18, to a discussion mainly of negro health. It has thus been decided that these two influential organizations shall join hands in a campaign for negro health. The week beginning April 22 has been decided upon as the week to be observed and an invitation is hereby extended to newspapers, health journals, the National Medical Association, the National Association of Graduate Nurses, the National Association of Colored Women's Clubs, the National League on Urban Conditions Among Negroes, the National Association of Teachers in Colored Schools, the National Negro Press Association, the bishops and other officers of colored religious denominations, state medical associations, annual church conferences and associations, secret society organizations, colored insurance companies, farmers' conferences, farmers' improvement societies, churches, schools and other local organizations and state health officers.

450,000 Negroes Ill.

According to Negro Year Book, 450,000 negroes in the South are seriously ill all the time, at an annual cost of \$75,000,000;

112,000 negro workers in the South are ill continuously, losing annual earnings of \$45,000,000; 225,000 negroes in the South die annually, paying a funeral expense bill of \$15,000,000; 100,000 of these deaths could be prevented, saving annually \$6,500,000 in funeral expenses alone and if potential earnings \$170,000,000.

It is thought that members of the race will again welcome the opportunity to unite its efforts in one great national health movement and thus gain the benefit of the momentum and enthusiasm that will come from another great united effort for health improvement.

"The diseases which annually sweep away such large numbers of our people exact their greatest toll of babies and children and of our young men and women who, being in the very prime of life, constitute economically and intellectually the most valuable asset for the future progress of our race. Instead of these persons living and doing service as leaders of the masses of our people, they give their lives, a useless toll, to death. Our only remedy for this fearful drain on the pick and flower of our young womanhood and manhood is a wide-spread inculcation of the habit of clean surroundings and clean living."—Extract from Tuskegee Pamphlet on National Negro Health Week.

CLEANING-UP CAMPAIGN CONDUCTED BY NEGROES

At a call meeting of the Educational-Medical Campaign workers held at Big Bethel church Friday afternoon most satisfactory results were reported. Between 50 and 60 workers were present, who told of different visitations in the districts assigned them, and great enthusiasm was manifested. 4-23-17

Sunday was Sermon day for National Health week, and the subject of health was presented from all the negro pulpits in the city. Representatives from the campaign workers visited these churches, making an appeal to the congregations to aid in cleaning up by example and precept.

In order that the cleaning up may be more thorough, donations of lime have been secured by representatives from the Anti-Tuberculosis association for the use of any of the housekeepers who are unable to purchase lime for disinfecting purposes. This lime will be distributed from the clinical headquarters in each section.

The Colored Kindergarten association has donated to the campaign the use of its kindergarten rooms for clinical uses. The clinics will move from section to section until the whole city is covered. The first clinic will be opened at Neighborhood house, near Spellman seminary, on Monday, April 30, at 2 o'clock and every day during the week following.

NATIONAL NEGRO HEALTH WEEK

The National Negro Business League has issued its annual bulletin for a National Negro Health Week, April 21-27, 1917. The bulletin gives some sterling advice as to what should be done in each community for the betterment of health conditions. Some of the suggestions as to how each community should organize follows: The appointing of a Clean Up Committee: This Committee should appoint other committees as follows: Committee on Inspection, Committee on Publicity, Finance Committee, Committee on Meetings, Committee on School Children, Committee on Flies and Mosquitoes. Every family that has a yard should plant it. All cellars, basements and out houses should be thoroughly cleaned.

Regular Clean Up Week for the City of St. Louis will take place very soon, and the Local Negro Business League should co-operate with the city authorities along this line.

FREE MEDICAL AND DENTAL CLINIC TO BE HELD

Prominent. Physicians and. Dentists
Volunteer to Help Poor

The free medical and dental clinic to be staged by the South Atlantic Medical Association will be conducted from 11 a. m. to 6 p. m. on Wednesday, April 25th, at Yamacraw Centre, Joachim and Lumber streets. Physicians and dentists and nurses will be in attendance all during these hours several of the physicians and all the dentists of the city having volunteered their services for the work.

Parents and friends are urged to

URBAN LEAGUE HAS BIG HEALTH WELFARE PLANS

To meet the urgent need for constructive, systematic work to be done in New York City, with view to bettering the health conditions that obtain among the colored people, the National Urban League is launching its third annual health week campaign from April 22 to 29.

The report of deaths during 1916 of the Department of Health shows an actual reduction of deaths along with an increase of population over 1915; but the mortality figures are nevertheless astounding. It was found that 77,801 persons died in New York City in 1916, 2,628 of this number were colored.

Investigations made by the Urban League have shown that there are three main causes for heavy mortality: to wit, the inability to command a sufficient living wage; ignorance or disregard of the demands of right living, and the keeping of unsanitary homes.

In line with these plans, the League will conduct a series of mass meetings on April 29th, centered around the monster meeting at the Palace Casino, at 2 o'clock.

Forceful speakers, including the eloquent William Pickens.

Health Week-1917

Comments on. NEGRO HEALTH WEEK CAMPAIGN

MUCH INTEREST MANIFESTED
AND GREAT DEAL OF WORK
DONE IN CLEANING UP

The Health Week Campaign which has been conducted during the week for the purpose of improving the health and encouraging more planting and otherwise cleaning up the negro sections of the city, will come to a close tonight at the Pinellas Institute at which time prizes will be awarded.

Among those who have given prizes and have helped to secure prizes for this work were:

Mrs. W. B. Powell, Mr. H. W. Bivins, Prof. S. P. Tilley, Mr. L. Frank, Mr. G. W. Worden, Prof. J. W. Williamson, Mr. Bird Latham, Mr. Henry Mattison, Maas Brothers (Tampa), Mr. W. D. Pierce, Mr. Phillips, Mayor J. R. Thomas, Mr. Campbell Wilson & Toomer Fertilizer Co. (Jacksonville), Rev. P. A. Daniels, Mr. William Greene, Woman's Club (3 Prizes), Rhodes-Pearce-Mahoney Furniture Co. (Tampa), Col. W. F. Hughey, Clearwater Pharmacy, Mr. H. L. Stewart, Henry Giddens Clothing Co. (Tampa), Mr. E. N. Richard, Mr. R. R. Stewart, Whitesell Hardware Co., A. J. Moore, A. Friend.

The town has been cleaned as never before. Instead of giving large prizes the money was divided in prizes from 10 cents to 50 cents and every child that gathered a pile of paper and cans was given ten cents and the best yard on the different streets 50 cents.

The children entered most eagerly and worked until late at night in order that they might win a prize. The interest and results have far exceeded the prize list, there being very many engaged in the planting and clean-up week deserving two prizes which Edw. L. Snyder in charge of campaign, would gladly award if persons not otherwise contributing would donate.

Oil, Paint & Drug Reporter

New York City

National Clean-Up and Paint-Up Bureau Assisting "Negro Health Week" Propaganda.

The Executive Committee of the National Negro Business League and the National Clean-Up and Paint-Up Bureau of St. Louis are co-operating to establish a continuous health and welfare campaign among the negroes of the South with "National Negro Health Week" beginning April 22 as the opening week of the campaign.

The Clean-Up and Paint-Up Bureau has offered three solid silver cups, suitable for first, second and third prizes, to the three communities or local negro committees, or chairmen of local campaigns among negro people, that submit the best report of the best work done in a "clean-up and paint-up" campaign that has for its opening week negro health week, such prizes to be awarded by judges named by the committee having the health campaign in charge. The condition of this contest, together with names of the judges, will be published later. Local committees and campaign chairmen desiring to enter their communities for these cups should make known their intentions to Emmett J. Scott, secretary Tuskegee Institute, Tuskegee, Ala. He will also be very glad to send detailed plans and suggestions for local campaigns.

NATIONAL HEALTH WEEK.

National Health Week is one of the very helpful features or suggestions of Tuskegee. The Negroes, according to statistics, are more readily the prey of diseases than white people, and for reasons that have been changed to a great extent. It is not necessary to enter into a lengthy discussion as to why the death rate is greater among Negroes. The great change taking place yearly along the line of improved and clearly surrounding speaks for itself. Tuskegee seeks to impress

the necessity for better sanitary conditions, and accordingly has suggested that a certain time be set apart as the most opportune for putting the "house" in order. April 22 to 28 is the week when that institution asks that special attention be paid to the condition of the surroundings. The time is well chosen since it is about the winding up of the cold weather, meaning the breeding time of germs, and which get their best hold in filth and dirt. Diseases are not wholly avoidable, being, doubtless, a part of heaven's economic scheme. But they can be greatly reduced, thus eliminating much of life's horror and sorrowing, lengthening the span of lives to the ends for which they were created and the joy of relations and friends. Long healthy lives are a business asset in a way. The doctors' bills are reduced, the individual is kept at his labor rather than in bed, a most costly condition. So in all respects it is better to be in good health. And if it can come, or be maintained by the simple application of soap and muscle they ought to be freely given. Health is wealth. This seems a cheap saying, but nothing is truer. What will a man not give in exchange for his life, or for good health?

the sponsorship of the National Negro Business league and the Tuskegee institute.

Aid of the press, farmers' institutes, clubs, medical institutes, public health officers, churches, and fraternal organizations is asked.

According to the Negro year book, 450,000 Negroes in the south are seriously ill all the time, at an annual cost of \$750,000,000; 112,000 Negro workers in the south are sick continuously, losing annual earnings of \$45,000,000; 225,000 Negroes in the south die annually, paying a funeral expense bill of \$15,000,000; 100,000 of these deaths could be prevented, saving annually \$6,500,000 in funeral expenses alone, and in potential earnings \$170,000,000.

FINE SPIRIT

The spirit with which the leading men of the city took hold of the National Negro Health Week plans and worked them out to such a splendid conclusion is the spirit which accomplishes big things. It is not possible to measure the services which these ministers, physicians and business men rendered the unfortunate of the race in Savannah this week. They have wrought a service of lasting benefit, and its good will extend to generations yet unborn, in improved health, morals and fitness for life's work. It brings comfort and hope to those now living who may be weakened in the life-struggle.

Let's keep the spirit alive and going and accomplish even greater benefits for the people we have the chance to serve.

NEGROES OF CITY

BUSY CLEANING UP

Negroes in the four sections of the city in which dwell a large proportion of the race are busy cleaning up yards, cellars, scrubbing, whitewashing and painting as a result of the "clean-up" campaign being conducted by the local negro organizations, in co-operation with the Nashville Negro Business league. More than 4,000 health leaflets were distributed by students of the state normal school in about 1,500 negro homes during the day Wednesday. At the negro Y. M. C. A., formerly the Duncan building, a splendid health exhibit has been installed, in charge of Sarah F. Farnell, graduate nurse, and Wednesday at noon a large number of negroes attended a free clinic given by Drs. G. H. Bandy, J. L. Leach, L. A. Fisher and C. V. Roman of the Rock City Academy of Medicine.

Committees from the Nashville negro board of trade and the public welfare league will visit the neighborhoods to see how much cleaning has been done and to make reports of the work done. The negro organizations are out for a number of valuable prizes which have been offered by the National Negro Business league to the cities making the best showing during national negro health week, which began last Monday.

TRIBUNE

Chicago, Ill.

Seek to Benefit
by National H.

Tuskegee, Ala., March 9.—A call has been issued for the observance of the second national Negro health week, from April 22 to 28. It is under

the sponsorship of the National Negro Business league and the Tuskegee institute.

Aid of the press, farmers' institutes, clubs, medical institutes, public health officers, churches, and fraternal organizations is asked.

According to the Negro year book, 450,000 Negroes in the south are seriously ill all the time, at an annual cost of \$750,000,000; 112,000 Negro workers in the south are sick continuously, losing annual earnings of \$45,000,000; 225,000 Negroes in the south die annually, paying a funeral expense bill of \$15,000,000; 100,000 of these deaths could be prevented, saving annually \$6,500,000 in funeral expenses alone, and in potential earnings \$170,000,000.

ing Bureau in the World

NEGRO AGENTS MEET.

Talk of Demonstration Work at Orangeburg.

Orangeburg, March 6.—The negro farm demonstration agents of South Carolina are holding a conference at the State colored college in this city. Lawrence S. Wolfe, farm demonstration agent in Orangeburg county, addressed the negro agents on the "Boll Weevil." D. D. Elliott, special dairyman, spoke on "Dairy and Beef Cattle Industry." L. W. Summers, special agent, will deliver two lectures on hog raising. Dr. V. W. Brabham will deliver lectures on rural sanitation.

The meeting is being well attended and interesting and instructive lectures are being delivered. The State colored college is doing all in its power to help agriculture among the negro farmers of the State.

NEGROES TO CONDUCT HEALTH CAMPAIGN

Atlanta negro ministers, physicians, teachers and various negro organizations have announced that they will conduct a thorough and far-reaching health campaign among the negroes of the city under the auspices of the Atlanta Anti-Tuberculosis society. Many have pledged their hearty support to the movement following the big mass meeting held Wednesday at Big Bethel church.

Twelve months will be the time limit of the campaign, and the aim of the workers will be to reach every negro home and family in the city, in an effort to improve general sanitary conditions, and to teach the negroes how to prevent diseases, especially tuberculosis.

MAR 10 19

TROY, N. Y.

National negro health week, by Booker T. Washington, v. served April 21 to 27, and pla been made to give the negroes

instruction in hygienic living. The week is set by the Executive Committee of the National Negro Business League, and the work is in line with the precepts of Dr. Washington and other leaders of the race. Men of that stamp gave great impetus to the uplift movement, and the best tribute to Dr. Washington's memory is to see that his purposes are carried into effect.

Memphis Tenn

FOR NEGRO HEALTH WEEK.

Campaign Is Undertaken by National League.

Negroes in session at Tuskegee have proclaimed the week beginning April 22 national negro health week and have started circularizing through superintendents of public instruction to bring the matter to the attention of their people throughout the south. The plan is being promoted by the National Negro Business League.

The negro is peculiarly susceptible to certain diseases and is in large numbers the victim of other diseases which might be avoided.

Causes of disease and preventives will be topics to which negroes will be asked to address themselves. Later on distribution will be made of booklets outlining the plans and making suggestions.

Wisconsin
MILWAUKEE, WIS.

MAR 12 1917

The week of April 22 to 28 will be Negro Health week at Tuskegee, Alabama, under the auspices of the National Negro Business league and the Tuskegee Institute. According to the Negro Year Book, 450,000 Negroes in the south are seriously ill all the time, at an annual cost of \$750,000,000; 112,000 Negro workers in the South are sick continuously, losing annual earnings of \$45,000,000; 225,000 Negroes in the South die annually, paying a funeral expense bill of \$15,000,000. It is held by the promoters of Negro Health Week that 100,000 of these deaths could be prevented, saving annually \$6,500,000 in funeral expenses alone, and in potential earnings \$170,000,000.

Health Week - 1917

**Comments on
ELEVEN MILLION RACE MEN, WOMEN AND CHILDREN ENLIST
IN SIX DAY BATTLE AGAINST DISEASE--IMPROVED
HEALTH CONDITIONS THE RACE'S BEST STEP
TOWARD PREPAREDNESS--THIRTY THOUS-
AND TO RESPOND TO CALL IN
DALLAS.**

Dallas Express.
Better Homes and Better Health.

Following the steps of Dr. Booker T. Washington, who promoted the first National Negro Health Week in 1915, the National Negro Business League and the Tuskegee Normal and Industrial Institute, have set aside the week of April 22-28, 1917, as a time for all Negroes to make a special effort to improve the health conditions around their homes. All Dallas Negroes will surely want to take part in this country-wide campaign for better health among the people of their race.

There is Great Need for Improving

Health Conditions Among Us.

The need of doing something to improve health conditions among us is shown by the fact that nearly half a million Colored people in the South are seriously ill all the time. This means that every one of us is sick on an average of eighteen days each year with consequent loss of wages. The total annual cost of sickness among the race is more than seventy-five million dollars.

One-Half the Sickness Can be Prevented.

Half the sickness and forty-five out of every one-hundred deaths, can be prevented. Are you willing to do your share towards stopping this unnecessary sickness and these unnecessary deaths of Colored people?

Come to the Big Health Meeting Tuesday Night.

In order that we may learn the full meaning of National Negro Health Week, all ministers have been asked to talk on the subject in their churches on Sunday, April 22nd. There will also be a big Health meeting at the Knights of Pythias building on Elm street, Tuesday evening, April 24th, at 8:00 p. m. At this meeting there will be interesting talks by prominent race men and by representatives of the City Health Department.

Bring Your Baby to the Negro Baby Conference on Friday Afternoon.

Many babies are not strong and well all the time as they should be. This is the result of certain kinds of disease much of which is really unnecessary and can be prevented with proper care and feeding. In order that you may learn about these important matters and thus keep your baby strong and well, the City Health Department will hold a special meeting for mothers and their babies in the Knights of Pythias building on Friday afternoon, April 27th from 2 until 5 p. m. The city doctors and nurses will be there to help you with advice and suggestions and without any cost to you.

City to Make Special Health Inspection of Negro Districts.

The City Health Department has arranged to make a special inspection of some of the districts in Dallas where Colored people live. This inspection will be made during National Negro Health Week, beginning Monday morning, April 23rd. Its purpose is to discover and to remedy any undesirable conditions which may exist that are injurious to health. The inspectors will give helpful suggestions to each family visited as how they can best make desirable changes or improvements about their homes and yards.

Clean up Your Home and Yard Prevent Sickness.

Although the city can help you to some extent you should do your part also. One of the most important health measures is to make sure the dry closet is fly-tight against typhoid fever. Malaria is carried by mosquitoes which breed in quiet water surfaces and low swampy places. You should therefore abolish all such places and also screen your doors and windows. Protect yourselves against tuberculosis and pneumonia by having lots of fresh air. Keep the windows open at all times, especially when you sleep.

Keep your yard, in front and rear, neat and clean. Cleanliness is much cheaper than sickness. Put all garbage, rubbish and manure in covered fly-tight receptacles.

Such refuse breeds flies and insects which are dangerous because they spread disease.

Use city water in preference to well water. It is safer. Buy milk only in bottles. Dirty milk may kill your baby.

Committee of Award, National Negro Health Week, Selected.

Tuskegee Institute, Alabama, April 16.—The announcement of the contest for the best clean-up work during the National Negro Health Week which is to be observed April 22-28, has elicited most favorable comments from white and colored people in all sections of the South. Letters from various committees organized to conduct Clean Up Campaigns indicate that the interest in this movement for better health is unsurpassed by that of any other similar movement among our people.

President J. C. Napier of the National Negro Business League, spent several days recently at Tuskegee Institute in conference with Dr. Robert R. Moton, Principal, and Emmett J. Scott, Secretary and it has been agreed that the communities planning to report their clean up activities for consideration in connection with the Silver Cups offered by the National Clean Up and Paint Up Bureau, must make their reports and mail them not later than SATURDAY, MAY 12th. This will allow two full weeks after the close of the Health Week for the reports to be compiled and forwarded to Tuskegee Institute.

It is worth while to bear in mind three important conditions regarding the contest. First, the reports should not exceed 700 words. Second, the reports should all be typewritten. Third, the reports should be mailed to the Secretary, National Negro Business League, Tuskegee Institute, Alabama. The committee of award as selected are announced as follows:

Suggested Committee to Award Cups in Connection with Negro Health Week.

Dr. Robert E. Jones, Editor Southwestern Christian Advocate, New Orleans, Louisiana.

Dr. A. M. Curtis, Physician and Surgeon, Former Surgeon-in-Chief, Freedman's Hospital, Washington, D. C.

Hon. J. C. Napier, President, National Negro Business League, Nashville, Tennessee.

Dr. Robert R. Moton, Principal, Tuskegee Normal and Industrial Institute, Tuskegee, Ala.

Dr. Herman E. Perry, President Standard Life Insurance Company, Atlanta, Ga.

Mr. C. C. Spaulding, North Carolina Mutual and Provident Association, Durham, North Carolina.

Mr. M. N. Work, Editor, Negro Year Book, Tuskegee Institute, Ala.

Dr. D. W. Byrd, President Na-

tional Medical Association, Norfolk, Va.

Mrs. Mary B. Talbert, President National Federation of Colored Women's Clubs, Buffalo, New York.

Miss Nannie H. Borroughs, Principal National Training School for Women and Girls, Washington, D. C.

Mr. Eugene Kinckle Jones, Executive Secretary, National League on Urban Conditions among Negroes in New York City.

Dr. A. Wilberforce Williams, Physician and Surgeon, Health Editor Chicago Defender, Chicago, Ill.

According to present plan the above committee will meet, canvass the various reports, and make presentation of awards at the forthcoming meeting of the National Negro Business Leagues, to be held in Chattanooga, Tennessee, August 15, 16 and 17, 1917.



REV. FLOYD GRANT SNELSON, PASTOR OF ST. MARY'S CHURCH DELIVERS A SOUND, SENSIBLE SERMON ON HEALTH AT THE QUARTERLY MEETING HELD AT THE INSTITUTIONAL CHURCH.

National Health Week was observed in Chicago by several organizations last week. A notable contribution to the great subject of the conservation of health among the Colored people, was a special sermon delivered by the Rev. Floyd Grant Snelson, pastor of St. Mary's A. M. E. Church at the Quarterly Meeting service, which was held at the Institutional Church last Sunday at 3:00 P. M. Text—2nd Samuel 20 chapter and 9th verse: "Art thou in health, my brother; is it well

with the? For I shall yet praise Him who is the health of my countenance and my God. Thine health shall spring forth speedily and the leaves of the trees shall be for the healing of the nations." Doctor Snelson said that there are 72 Bible references to health and healing, and declared that the new testament is one vast hospital of health. No race of people need greater health protection than ourselves, and he rejoiced that all of the national associations of the race have united in the call for the proper observance of Health Week. Without good health, and until we reduce the high death rate among us, there can be no permanent success in business, in property getting, in acquiring education, and in general human uplift. It has been reported that one-half million Negroes are seriously sick throughout the year, entailing a cost of over \$75,000,000 annually. In spite of the fact that race physicians are more numerous and more skilled, our annual funeral expenses are more than \$15,000,000 a year. Every honest and serious effort must be put forth to reduce our death-rate, dethrone disease and guarantee physical efficiency and race-longevity. The problem of health may be solved by fresh air, proper food and drink, good lighting, and sufficient work, rest, and recreation. Upon the great and all-important problem of marriage and proper birth conditions, the health of the race hangs. Whom to marry and when to marry were suggestively discussed. Doctor Snelson delved and illuminated the mysteries of conjugal love and domestic happiness, and explained scientifically, prenatal influence on human life and destiny. He showed the relation of mother and child, of father and son, and cited the case of Sir Walter Scott's mother, Lord Byron's mother, Napoleon's mother, Nero's mother, and the mother of the Wesley's. In Virgil, book 2, he cited the story of Laocoon and his two sons, who were caught in the coils and bound by the great serpent, which the father had played with from its infancy. He showed how Rizpah with fierceness and heroic energy, as the "Mater Dolorosa" of the Old Testament with fierce sword in hand fought back the vulturous eagle which sought to eat the bodies of her seven sons, as they hung suspended from a lofty gibbet in the evening storm of rain.

In like manner he urged the mothers

of the race to war on disease, and urged cleanliness, and proper sanitary environment. All should work for mental health, pure hearts, unblemished homes, domestic purity, and a high social order. Clean up your debts, old sores, animosities, and the blessings of the races will be marvelously enhanced. If we would be a mighty race, and a great people, we must ally ourselves with moral reform, and work for a mighty physical regeneration.

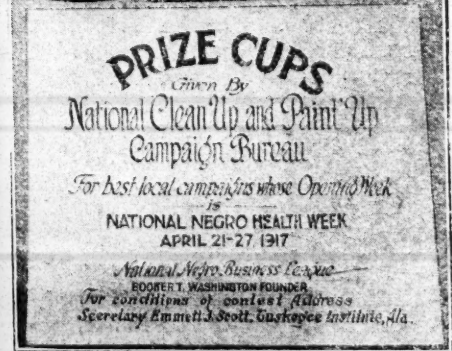
THE NEGRO

HEALTH WEEK

MANY CUPS TO BE AWARDED

April 22nd and 28th Dates--
Committee on Awards--
Clean-up Campaign-Conditions of Contest

Nashville Globe



4/24/17.
Tuskegee Institute, Ala., April 16.
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Mr. Eugene Knickle Jones, Executive Secretary, National League of Urban Condition Among Negroes, New York City.

Dr. A. Wilberforce Williams, Physician and Surgeon, Health Editor

Chicago Defender, Chicago, Illinois.

According to present plan, the above committee will meet, canvass the various reports, and make presentation of awards at the forthcoming meeting of the National Negro Business League to be held in Chattanooga, Tennessee, August 15, 16 and 17, 1917.

HEALTH WEEK GREAT SUCCESS

PEOPLE AROUSED TO BETTER
LIVING CONDITIONS

Meetings Enthusiastic

Closing Meeting of Observance Held
Last Night

Savannah Tribune
The closing meeting of the local observance of National Negro Health Week was held at St. Phillips church last night. Prominent representatives of both races took part on the program. The note of harmony, community interest, unselfishness and enthusiasm which characterized the spirit of last night's meeting, and in fact, all the several activities of the campaign, made a new era in the history of co-operative effort among Negroes in Savannah. Only those in close touch with the studied efforts of the Health Week Committee can appreciate fully the valuable services which many of the busy business and professional men have made to make the campaign a success.

The sermons last Sunday, the lectures in automobile tours by physicians and business men, the volunteer services of the physicians and nurses who staged the free clinic at Yamacraw, —as well as those who took part on the program of last evening, are deserving of highest praise. When men become conscious of these vital, internal, racial defects and instead of blaming everything on the other fellow and external circumstances, turn to correcting these defects and keep hammering away at these weaknesses, then we are making progress. No

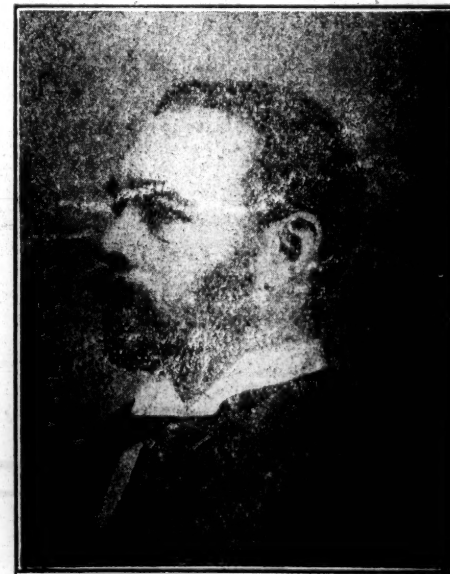
barrier can be raised against spirit and sacrifice like this.

It is highly commendable that these uplifting movements are appealing to an ever-increasing number of our people and that those who are already interested are catching a larger vision of humanitarianism.

We are having some fine examples in fusing our strength in a common cause, coordinating our forces in common endeavor, and we shall all reap a common successful end.

Conspicuous among those who have contributed to the success of the week are representatives of the South Atlantic Medical Association, the Negro Business Men's League, The Public Schools, the Ministers' Union, the Sunshine Workers, the St. Cecilia club and the Health Committee of the Urban League, headed by Mr. D. J. Scott.

NATIONAL NEGRO HEALTH WEEK OBSERVED



Dr. George W. Cabaniss

The National Health Week, April 22-29, was observed in the District of Columbia and near-by localities of Virginia and Maryland. The entire colored Ministry co-operated with the Medico-Chirurgical Society of D. C. The Public Health Committee of the Society with Dr. Geo. W. Cabaniss as manager, took an active part in arranging the campaign. There were thirty-five health lectures delivered in twen-

ty-two churches and other places of public gatherings. It is estimated that between twelve and fifteen thousand people were in attendance upon these lectures. The people are thoroughly aroused as to the importance of such a campaign, and even now a large number of requests for speakers are to be complied with.

Every member of the Medical Society was called into action to make lectures.

This is the greatest movement against the white plague ever launched in Washington. Manager Cabaniss is making a great drive.

Health Committee: Dr. P. M. Murray, Chr., Dr. Wm. H. Wilson, Dr. S. S. Thompson and Dr. Geo. W. Cabaniss, manager.

EVENING STAR

Washington, D. C.

NEGRO HEALTH WEEK TO BE HELD APRIL 21-27

Repetition of Campaign Suggested at
Meeting of National Business
League Is Planned.

The widespread and successful national negro health week campaign of 1915 is to be repeated April 21 to 27 this year. This campaign was one of the last and most important efforts on behalf of his race by the late Booker T. Washington, president of the Tuskegee Normal and Industrial Institute.

The suggestion of the repetition of the campaign was made by Emmett J. Scott, the secretary of the National Negro Business League, and the executive committee of that body, meeting in Kansas City, Mo., last August, ratifying it. The secretary was authorized to work out full details and since that time he has naturally enlisted the co-operation of the Tuskegee institute, the present head of which is Maj. Robert R. Moton.

An invitation has been extended to every organization interested in negro health to join in the effort to improve health and sanitary conditions among the Afro-Americans. These bodies include educational, religious, publicity, nursing, medical, secret society, business and agricultural organizations, as well as health officials.

In the observance of this national negro health week the organizations have the co-operation of the national clean-up and paint-up campaign bureau, with headquarters in St. Louis, Mo. Allen W. Clark, its chairman, has written to offer its services to the National Negro Business League and other organizations, to the extent of supplying literature to any and all organizations which may be formed for the purpose of conducting campaigns in the interest of better health for negroes.

In addition this bureau has offered three silver prize cups for the best "clean-up" effort among the negro people.

Health Week - 1917

Comments on DR. A. WILBERFORCE WILLIAMS

TALKS ON
PREVENTIVE MEASURES, FIRST AID REMEDIES
HYGIENICS AND SANITATION

No Cases Are Diagnosed and No Prescriptions Given in These Weekly Articles

National Clean Up and Paint Up Week

It is the desire of the thoughtful, foresighted and progressive Colored people of this nation that the members of that

National Negro Business League of Tuskegee, observe the week beginning April 21 and ending April 28, 1917, as CLEAN UP and PAINT UP WEEK; and keep clean the home and its premises; to pay special attention to the front and back yard, to the cellar, alley, that vacant lot next door to you, the toilet, the refrigerator, the garbage and ash cans. This is highly important at this particular time;



Dr. Williams

and to the people of Chicago, especially because of the strenuous, unfriendly and often most unfair efforts that are being made, even at this critical war time of the nation, to segregate the Negro people in certain portions of this city; and, the reason given for their unjust, unfair treatment of the Colored people is that Negro people do not improve nor keep up the repairs on their own property and that they keep the back yards full of old cans, piles of ashes and beer bottles, discarded milk bottles, old paper and other rubbish. We want this "Clean Up and Paint Up Week" to be a refutation of this often slanderous and malicious statement. We can clean out our basements—we can clean up our front halls, rid them of old newspapers, rags and other dirt—we can repair the steps in front of our homes, we can repair the fences—and we can rake our back yards and the front yard—we can keep our premises in front and in the back so clean, tasty and inviting that any one passing will be unable to guess the inhabitants of that place, on account of its unhygienic, dirty and uninviting appearance.

It has been said that "one on taking a walk can tell the different nationalities living in certain houses by the general appearance and upkeep of the premises. Especially is it claimed that you can always tell where Colored people live in the summer time on a bright, sunny days, because the negro people often hang out of their windows and obstruct the doorway by sitting on their front

steps and on account of the abundance of old beer bottles, rubbish and other disagreeable things lying around the premises.

is not true and on the other hand, it is true, in many instances it is too true; that it is proving very hurtful and detrimental to those who are trying to make good citizens and live up to the most sanitary and hygienic life.

Chicago Defender
The program for the Clean Up Campaign, as outlined by Mr. Emmet J. Scott and his coworkers, is very plain, concise and can be easily put in force and carried out.

Sunday

SERMON DAY—On Sunday, April 22, it is hoped that all the churches will give some advice on "HOW TO KEEP PHYSICALLY AND MORALLY CLEAN." We hope that every minister in Chicago will set aside that day and that he will give the Colored people sound advice on keeping morally clean inside and outside of their bodies; on keeping their homes clean inside and outside, for the reason that cleanliness of body, home and premises bear a very close relation to health and physical efficiency.

Chicago Defender
FIRE PREVENTION DAY—The said committee advises you to clean your basement and attic of all rubbish, greasy rags, old waste paper, mattresses, etc.; that 50 per cent of all fires start in rubbish piles.

Chicago Defender
CLEAN HOUSE DAY—For general house cleaning said committee advises you to clean all carpets, rugs, ventilate your cellars, the basements, clean your sinks—so many people have their kitchen sink filled with coffee or tea grounds, egg shells, the parings of fruits and vegetables. Scrub everything—use plenty of soap and water. Soap and water are good disinfectants and are cheap and easily gotten everywhere.

Wednesday

YARD DAY—Clean your yard of all rubbish, even if you do not own the place. If you are renting—clean your yard. You will feel better and it will stimulate in you self-pride and make you love your home instead of the cabaret and saloon. Cut the grass on your lawns, plant flowers; if you have no yards, put flowers in boxes in your windows, beautify your homes clean your walks, repair your sidewalks—repair your broken fences. Do you know that some people take care of their homes as well as they take care of their bodies? Some people like to have their parlor nice and clean—all bright in every place that a visitor might observe, but under the piano, under the settee and, in fact, under all stationary furniture, will be found piles of dirt or rubbish. Sweep under your heavy furniture; do not push dirt under it to escape the critical eye of your neighbor. This is a habit often practiced by people in regard to bodily cleanliness. They have no care as to their dirty underwear and their dirty bodies, just so their top linen and clothes that are likely to be seen are

clean and make as they say: "A GOOD FRONT." People of this character are dirty and have no self-pride.

Thursday

PAINT UP AND WHITEWASH DAY—The committee advises you to paint and whitewash inside and outside all your porches, fences, woodwork, your porch chairs and make everything radiant and fresh with colors.

Friday

FLY, MOSQUITO AND RAT DAY—The committee urges you to swat the fly early and late and to give especial attention to freeing your premises from breeding places of flies and mosquitoes; such as manure boxes, stagnant water ponds, etc., and also get rid of rats, fleas, bugs and other vermin about your premises.

Saturday

VACANT LOT DAY—Mr. Scott and his committee advises the children be equipped with a sharp pointed stick and bags and have them pick up papers, etc., on the vacant lots, on the play grounds, etc. Plow and plant garden plots wherever possible.

We trust that the 80,000 subscribers and the many thousands more readers of this paper, will read carefully, observe and practice the wholesome advice herein given and outlined by the Clean Up Committee; not only during the week in April, 1917, but every week and month for years to come. Follow the advice as outlined and there will be less or no cause for the many complaints lodged against the Negro people, not only by the white people, but by many of the members of our race, for not wanting to live in the neighborhood thickly inhabited by Negroes, because they do not keep their property up and that their premises are always dirty, insanitary and noninviting.

Will you observe Clean Up Week and keep clean?

Tomorrow is the beginning of Health Week. That is, the preacher is to preach health, yea, he is even given the text, "BE THOU CLEAN," so get ready, brother. Then Monday the city is to be spick and span. The city is co-operating with you in that they have given us one of our colored alderman, Mr. L. L. Trapp, who is a member of the Sanitary Committee, which is also a singular honor to Mr. Trapp as a councilman.

HEALTH WEEK IS TO BE OBSERVED APRIL 22-28

Beautiful Silver Cups are to Be
Awarded by the National Clean-
Up and Paint Bureau.

COMMITTEE ON AWARDS NAMED

Prizes to Be Awarded at the Session of
the National Negro Business League
to Be Held in Chattanooga, Tenn., in
August - Much Interest Shown in
Campaign.

(Special to THE NEW YORK JOURNAL)

4/19/17
TUSKEGEE INSTITUTE, Ala.—The announcement of the contest for the best clean-up work during the National Negro Health Week which is to be observed April 22-28, has elicited most favorable comments from white and colored people in all sections of the South. Letters from various committees organized to conduct clean-up campaigns indicate that the interest in this movement for better health is unsurpassed by that of any other similar movement conducted among our people.

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It is worth while to bear in mind three important conditions regarding the contest. First, the reports should not exceed 700 words. Second, the reports should all be typewritten. Third, the reports should be mailed to the Secretary, National Negro Business League, Tuskegee Institute, Alabama.

The committee of award as selected are announced as follows:

Or. Robert E. Jones, editor *Southwestern Christian Advocate*, New Orleans; Dr. A. M. Curtis, physician and surgeon, Washington, D. C.; Hon. J. C. Napier, President National Negro Business League, Nashville; Dr. Robert R. Moton, Principal Tuskegee Normal and Industrial Institute; Heman E. Perry, President Standard Life Insurance, Atlanta; C. C. Spaulding, North Carolina Mutual and Provident Association, Durham; M. N. Work, editor *Negro Year Book*, Tuskegee Institute; Dr. D. W. Byrd, President National Medical Association, Norfolk; Mrs. Mary B. Talbert, President National Federation of Colored Women's Clubs, Buffalo; Miss Nannie H. Burrough, Principal National Training School for Women and Girls, Washington, D. C.; Eugene Kinckle Jones, Executive Secretary National League on Urban Conditions Among Negroes, New York City; Dr. A. Wilberforce Williams, physician and surgeons, Chicago.

According to present plan, the above committee will meet, canvass the various reports, and make presentation of awards at the forthcoming meeting of

the National Negro Business Leagues, to be held in Chattanooga, Tenn., August 15, 16 and 17.

HEALTH EDUCATION WEEK

The Urban League Health Committee, headed by Mr. D. J. Scott, is busy organizing all the forces of the city into a federation for the observance of National Health Week, April 22-28th. Addresses on health topics will be made at all the churches, Sunday April 22; meetings will be held at various points in the city, the speaking taking place from automobiles; a free clinic for babies will be held at Yamacraw Center on Wednesday April 25; a grand mass meeting on Friday night April 26th at St. Philip church.

The City Health Department, thru Dr. Brunner, the Women's Federation and other agencies and organizations including the Ministers' Union, insurance companies, Medical Association, among our own people, are taking active parts in the plans. Health is related to every phase of the life of the people.

In his address before the college assembly at the recent 50th anniversary celebration of the founding of Howard University, in Washington, D. C., Dr. C. V. Roman, splendid and scholarly man that he is, reached the following conclusion:

Savannah Tribune
"Health problems begin with the souls and not with the bodies of men. Sanitation is but a reflect of cerebration and hygiene is a matter of appetite and instinct, impulse and conduct. Health is to be measured in terms of psychology rather than in terms of physiology. What a man thinks is more fateful than what he eats. He sustains his body by what he eats, but he is what he thinks. A man has a body but is a soul. Physical condition is made or marred by physical and social conditions.

"The key to the mortality table is to be found in the educational, economical and political situation. Progress in sanitation and health is a reciprocal factor of progress in liberty, virtue and intelligence. * * * Length of days is yet the reward of wisdom. Science unites with religion in predicting a short life for the wicked and violent."

Dr. Roman has epitomized and enunciated the true doctrine of the causes of ill-health and death and the inevitable laws whose observance will prevent disease and postpone death to its proper place in the schedule of human careers.

Education for right living is the

great principle announced.—Ignorance the great cause.—Education the great cure.

The duty of every individual, every official and every public spirited citizen and organization is plain. All should enter upon Health Week with the same zest which manifested itself during the recent successful Clean-Up campaign. We cleaned many streets, lanes and alleys which had been for months may be years, littered with waste and rubbish, unsightly and unsanitary, a menace to health, baneful of public morals and making civic beauty impossible.

We must follow up this good work with an intensive Health Campaign. The soil, as it were, is prepared for sowing the seed of Health Education. The two propositions are kindred and inseparable.

Do not let any one make the mistake of loading upon the few willing and patient enthusiasts all the detail and responsibility. The call and appeal is made to every man woman and child to share the burden of better health, better housing and a more beautiful city.

Finally, we should learn to support and co-operate with the Board of Health and the Health Officer in their endeavors to have all health measures and health regulations intelligently and strictly observed. To fail to enlist means depravity and death,—to do so means life and health,—Happiness, Beauty and Physical Efficiency and Preparedness for the life-struggles.

URBAN LEAGUE NOTES

During the week many servicable and valuable household articles, contributed by various ladies for the purpose of equipping Yamacraw Centre, have been moved to the place. Others will be carried next week.

Savannah Tribune
Health week plans are going forward, under Chairman J. J. Scott. He is being ably assisted by Mrs. G. S. Williams and Dr. W. A. Harris and their committees. The plan embraces speeches at all churches on the evening of April 22nd, by physicians, a series of open-air speeches in the many isolated sections of the city, from automobiles by Rev. Taylor, Dr. Goodall and Dr. Harris and others, and a general mass meeting at St. Philip on Friday night, April 27th. Dr. Brunner, Miss

Jane Judge, Dr. Waring and others have been asked to speak. The Metropolitan Life Insurance Company, Through Mr. J. R. Spier, has promised to furnish a large assortment of literature on preventable diseases.

Work at the playgrounds still goes forward. Under the direction of Mrs. L. M. Rowland, assisted by Mr. Burney, thirty-five little gardens have been planted. Mrs. Rowland is taking an interested hand in all the features of the league's work.

Mrs. Jas. R. Davis, as chairman of the playground advisory board, has been conferring this week with the director with a view to instituting an active campaign for a lively season for the youngsters at the playgrounds this spring.

During the week, the boys have been whitewashing the fences surrounding the grounds, and making things very pretty there.

Director Goette and his force have finished the commodious shed which will protect the baby swings, sand box and visitors' benches from the hot sun.

During next week the city will install a hydrant on the grounds.

The league still has in mind to install some equipment in the spacious yard at Yamacraw Centre.

NEGRO HEALTH WEEK

HIGHLY SUCCESSFUL

Russell and American
3/3/1917
Summarized Report of Work Done Given Out by Joint Committees.

The joint committees of the several local organizations, led by the committees of the negro board of trade and the Public Welfare league, have just given out their summarized report of the work done during negro health week. All seemed highly elated over the results achieved.

Through the co-operation of one of the national insurance companies and the city board of health, over 24,000 leaflets and 2,000 fly swatters were distributed. These leaflets cover subjects of flies and mosquitoes, filth and health, tuberculosis, typhoid, hookworm, pneumonia, diseases and health of children, and similar subjects.

One of the unique features of the campaign was the voluntary service of the students from the four negro institutions of the city, which distributed the literature. These students were organized into teams. They made personal calls to each home, gave a short talk on clean-up and health, and left sets of the literature.

The actual number of homes visited and pieces of literature distributed were reported as follows:

State normal school, represented by seven young men under the direction of Prof. White, distributed 4,000 pieces of literature and 500 fly swatters into 950 homes in the district bounded by Twenty-eighth avenue, north, Heiman street, Fourth avenue, north, and Jo Johnston avenue. Walden university distributed 8,000 pieces of literature and 500 fly swatters into a thousand homes, mostly located in Trimble Bottom in South Nashville. This work in Trimble Bottom was done by the class in sociology taught by President White at Walden, who personally went on the field to direct his students.

The Fisk university students in sociology, under the direction of Dr. Haynes and Prof. Mowbray, visited 1,050 homes and distributed 5,250 pieces of literature and 500 fly swatters. Roger Williams university students, two teams of fourteen young men, under the leadership of Prof. Bennett of that institution, distributed 7,000 pieces of literature and 500 fly swatters in 1,078 homes, covering 72 blocks in the two negro neighborhoods of East Nashville.

One of the most helpful and striking features of the health week observance was the clinic held at the Y. M. C. A. building each day of the week through the co-operation of the Rock City Medical academy. Drs. Bandy, Fisher, Lester, Phillips and Leach rendered valuable service to a large number of those who came for consultation and medical advice. They were ably assisted by Frances Farnell, a graduate nurse, who also had charge of a very creditable exhibit in the large rotunda of the Y. M. C. A. building throughout the days of the week.

Yesterday afternoon a committee of inspection in an auto toured three sections of the city and observed the clean-up work that had been done by the various negro residents of these neighborhoods, and a special inspection in South Nashville was made by the members of the faculty of Walden university. These inspections revealed surprisingly clean yards and gardens in almost every available place.

Arrangements have been made for health lectures under the direction of Dr. Dressler, professor of health and sanitation at Peabody college, to be given in the colored public schools of the city and this will be carried out. Although not within the days of the health week, they are a part of the health movement and will be so considered by the committee representing these various organizations. Beginning with the sermons and speeches in more than a dozen of the large city churches on April 22 and ending with the inspection yesterday, this movement has made an impression for better health and a cleaner city such as the colored people of Nashville have not had before.

TEACHERS WORKING FOR HEALTH WEEK CAMPAIGN

Work, Tuskegee Inst.
Supt. Gibson and Dr. E. J. Strong Addresses

Health week was opened auspiciously and enthusiastically with a meeting of all the colored teachers of the city at Cuyler Street school last Wednesday. Prof. J. H. C. Butler, presided.

Superintendent Gibson aroused the teachers to a deep sense of their duty to the community at large, outside the school room, when he pointed out the powerful influence which they wielded in civic affairs and public welfare movement. He complimented them on

the splendid results they were obtaining in the yard gardening and paper-saving campaign. "These things," he said, "make for a clean, beautiful and healthy city and for economic independence." He urged upon them that from that very hour, each one should bend every energy to spread the doctrine of health to the thousands they were able to reach through their pupils. He pointed out that the matter of Health Week meant the very "life" of the people and was eminently more important than any other consideration.

Savannah Tribune
The director of the League outlined the many important details of the schedule to be followed during the campaign and designated the specific work of publicity and instruction which the teachers could especially assist in. Various maxims and Health Statistics covered the blackboards of the meeting room, relating the alarming amount of sickness and death, from unnecessary causes and of the South at large. The charts emphasized the "high cost of being sick" and the "high cost of dying." The teachers copied these, and will take them up with their pupils and thus get them into the many sections where they are most needed. Among the impressive maxims were the following: 1,200 Negroes died in Savannah last year; 450,000 Negroes in the South are seriously sick all the time; 225,000 Negroes die in the South every year.—100,000 of these could be saved; Annual funeral expenses of Negroes of South \$15,000,000.

Next followed Dr. E. J. Smith, who delivered one of the most illuminating, most sensible and most practical addresses that could have been delivered. Carefully avoiding the technical medical phraseology, Dr. Smith went earnestly into a discussion of such common ailments as indigestion, pains in the head, in the back, nervousness and irregular heart-action so characteristic among women, constipation. "All these," he said, "are traceable to the ordinary causes of irregular habits, over-eating, improperly cooked food, etc." This address was especially timely and the most serviceable that could have been delivered. It was significant of what we hope to make the whole health week—an eminently practical campaign.

Dr. A. P. Williams delivered an interesting and practical address on the

care of the teeth. Like Dr. Smith's his address aimed at the most practical things in his line.

Dr. Smith will be asked to deliver this same practical address at the medical and dental clinic at Yamacraw centre next Wednesday afternoon.

The teachers were very interested, much impressed and many stated that they were going to work diligently to secure results. Supt. Gibson has suggested that the teachers meet again next Wednesday, in joint-assembly, to go over the work and results they may have accomplished.

An ominous meeting.

at things, seeing how well we are guarded and protected. You are impressed with this going into Washington, when you see them black boys just across the bridge pacing up and down with their guns ready to shoot down any invader, and when you get into the city, you still see them on guard at the capitol and other places, and they will shoot. Hence our president can sleep when he goes to bed because he knows "Cuffy" is on guard, and he realizes that he is a real man with soul and brains, and will die if need be right now for his protection. No invasion with his black man on guard. I am proud that I am a citizen of the United States, and belong to this great race.

In Washington, I had the pleasure of attending one of them big meetings, and meeting some of them big men up there in the big city. The meeting was held in the Y. M. C. A. and you will believe honey when I tell you them people have some building up there in Washington. Prof. Beckett is the secretary, and he is just one man who knows how to reach and how to handle men. He is a man who treats all his fellow beings well.

Dr. J. Milton Waldon, presided over the meeting. I have been hearing about this great preacher for a long time, but now I have seen him. He is a great presiding officer, and well up. I met some of the big lawyers, doctors, and other big men there. I was delighted to meet them and to touch them. I was proud to note the wonderful progress we are making in his world.

Now back to Petersburg. I did not get to visit the state school. I met President J. M. Gandy, but will meet him again some day. This is one of

Health Week - 1917

Comments on NATIONAL NEGRO HEALTH WEEK

Announcements Of Conditions Of Contest For Best Cleaned

Southwestern Christian Communities

Some weeks ago announcement was made that Mr. Allen W. Clark, Chairman of the National "Clean UP and Paint UP" Campaign Bureau, had offered three Silver cups to be awarded to the communities doing the most effective clean up work during the National Negro Health Week which is to be held from April 22-28.

Following this announcement Mr. Emmett J. Scott, Secretary of the National Negro Business League, Tuskegee Institute, Alabama, has received so many requests for full details of the contest that the following suggestions and conditions for entering the contest are herewith offered to the public.

In order to enter the contest for the cups it will be necessary for each community to organize and appoint committees to carry out a definite program as outlined below. Records must be accurately kept in order that the report of the campaign in each community may cover the following points:

1. How was your city, community, or section organized to carry on the campaign?
2. What organizations, etc., co-operated with you in the campaign?
3. How many public meetings were held?
4. What was the attendance at each of these meetings?
5. What were the programs rendered at each meeting?
6. How many house-to-house circulars were distributed?
7. How many pieces of advertising matter were placed in conspicuous places?
8. State briefly how you inspected your community before the Campaign began its work to find out what was most needed to be done.
9. State your method of inspection after the Campaign was over, to ascertain how much cleaning up had actually been accomplished.
10. How many homes of colored people are there in your city, community or section?
11. How many of these were cleaned during the campaign?
12. What was done to get rid of flies,

mosquitoes and rats?

13. What was done to encourage the planting of flowers and beautifying of premises?

14. How many premises received new coats of paint or whitewash?

15. What system did you employ to dispose of house and yard rubbish?

16. Describe here any special feature of unusual interest in connection with your campaign.

Committees

It is suggested that in each community there be a Clean Up Committee which shall arrange a program for Health Week. This committee should appoint other committees as follows:

1. Committee On Inspection—The duties of this committee will be, two weeks before the opening of the campaign, to make a thorough inspection of the community and decide what especially needs to be done. After the Campaign is closed, this committee is to make a second inspection to see what has been accomplished.
2. Committee on Publicity—The duties of this committee are to provide house-to-house circulars and other advertising matter and decide on a plan for thoroughly distributing the same throughout the community.
3. Finance Committee—The treasurer should be Chairman of the Finance Committee. The duties of this committee will be to see the business men of the town and solicit a moderate contribution to defray the expenses of the Campaign. Small contributions and many of them is the best way to finance a campaign.
4. Committee on Meetings—The duties of this committee will be to arrange for public meetings in schools, churches and other places in various parts of the community.
5. Committee on School Children—The duties of this committee are to have a proclamation prepared and read before every class in each school, appealing to school children to do their part in the Campaign to

make their community the cleanest and most beautiful in the country. Adopt some plan for interesting school children, such as offering prizes for essays on clean up subjects.

6. Committee on Flies and Mosquitoes—The duties of this committee will be to provide and distribute circulars, giving simple rules for destroying breeding places of flies and getting rid of same; also simple rules for preventing the breeding of mosquitoes; confer with city officials and health department officials to have such rules observed and carried out.

Program For the Campaign

Sunday—Sermon Day. On this day churches will give sound advice on how to keep physically and morally clean.

Monday—Fire Prevention Day. Clean your basements and attics of rubbish, greasy rags, and waste paper. Fifty per cent of the fires start in rubbish piles.

Tuesday—Clean House Day. For general house cleaning. Clean all carpets, ventilate your cellars, scrub everything. Use plenty of soap and water everywhere.

Wednesday—Yard Day. Clean your yard of all rubbish. Cut lawns, plant flower beds, clean walks, repair sidewalks, and fences.

Thursday—Paint Up and Whitewash Day. Paint up and whitewash inside and out, porches, fences, woodwork, porch chairs. Make everything radiant with fresh colors.

Friday—Fly, Mosquito and Rat Day. Give special attention to freeing your premises from breeding places of flies and mosquitoes, also get rid of rats.

Saturday—Vacant Lot Day. Equip school children with sharp pointed sticks and bags, and have them pick up papers on vacant lots, parks and playgrounds. Plow and plant garden plots wherever possible.

The judges are being selected with great care and their names will be announced through the press. For any information write to Emmett J. Scott, Secretary, Tuskegee Institute, Alabama.

HEALTH WEEK

For some time The Tribune has been carrying an announcement of the national observance of "Health Week" which is scheduled for April 22nd-28th, inclusive. We people of Savannah, every individual and every organization, must join hands for accomplishing some definite and concrete results during that week. It is meant to teach

who do not know it the tremendous advantage which the healthy body gives in the battle of life. It is designed to teach that most diseases are preventable, that we do not need to be sick and that many cases of illness result from ignorance and carelessness; it is designed to teach how we may care for the sick so that disease may not be spread; and it is intended to scatter to and fro in the streets, as it were, the simple gospel that lack of fresh air, uncleanness of person, overcrowding and unsanitary living conditions are the great underlying causes of most illness.

Many people die who could prevent it. Many more are sick unnecessarily. Half those who die should not; three-fourth those who are sick should not be. The great purpose of "Health Week" and the regular and unending duty of those who know how to keep well, is to tell those who know not, these simple truths. All organizations, social, civil, fraternal, business and religious should unite to make some practical success during health week. There are many conditions and problems vitally related to sickness and death in this community, which we could take hold of and we should do it. A wide-awake, progressive leader will do so in the interest of his constituency; he will not excuse himself in the bigness of the task and the relatively small field of his activity and like excuses.

Let the leading men of all institutions of every kind, come together in one great committee, co-operate with all other agencies along this line, and help to make Savannah a strong and healthy city and a fit habitation for the good people who live here. That committee will be called to meet early next week and all organizations, including the churches, missionary societies, schools, insurance companies, physicians and nurses organizations, civil and fraternal societies are requested to send representatives to the meeting. We cannot do less and yet do our duty.

The health and living conditions among colored people in Savannah, though improved, are still in a bad condition,—in some cases and sections these could appropriately be termed "wretched." It is our duty, intelligently and respectfully, to put our fingers on these sore spots, seek out the causes and attack the trouble at the roots. There are matters of better

housing ordinances, street repair, more frequent garbage removal, for which the city is responsible and we must call the city's attention to it. There are other matters of sickness, over-crowding, negligence of various sorts, and unsanitary living conditions for which we ourselves are directly and solely responsible, and we should attack that methodically and earnestly. There are matters of health education and kindred helpful propaganda which it is the duty of the more fortunate to carry to the ignorant and self-satisfied. Let us get at these things, and get at them to accomplish them.

Health legislation for human health, it is pointed out, has been subordinated by state and national government to that of animal health. But the nation is waking up to its duty in this regard, and is spending millions to preserve and protect the health of the nation. For the preservation of life and health lies at the root of individual and national happiness and prosperity.

We are appalled at the daily losses in the present world-war, in human life and property, but we are indifferent to the fact that larger regiments are dying in these United States daily, from preventable diseases, besides the vast economical losses which these deaths represent, the sorrow, misery and inefficiency which follow them. Let us arouse our consciences and senses in this regard, and at least within our narrow sphere, throw the light of intelligence and the power of corrective influence and agency upon this problem of health.

Education, education and more education on how to live and to "live more abundantly" is the watchword. May we preach it, live it, advise it and where necessary, enforce it.

HEALTH WEEK COMMITTEE

The Ministers' Union, physicians and nurses associations, insurance companies, missionary societies and all civic organizations are urged to send committees or representatives to a meeting of the General Health Committee of the Urban League, to be held at offices of J. G. Lemon, 7191-2 West Broadway, Wednesday evening 6 o'clock. Plans are to be made for the arousing of the whole city for an earnest observance of National Health Week, April 22-28.

D. J. Scott, Chairman

FIRST PRIZE FOR CLEAN-UP WEEK GOES TO ATLANTA, GA

S. W. C. Christian Advocate 7/19/17

The three Silver Cups which were offered by Mr. Allen W. Clark, Chairman of the National "Clean Up and Paint Up" Bureau of St. Louis, Mo., for the most effective clean-up work done during the National Negro Health Week, which was observed April 21-28, will be awarded to Atlanta, Ga.; Salisbury, N. C., and New Madrid, Mo. These beautifully-engraved cups will be presented to representatives of these respective cities during the next annual meeting of the National Negro Business League, which is to be held at Chattanooga, Tenn., August 15, 16 and 17, 1917.

The Atlanta Committee, to which the first prize has been awarded, presented a most interesting report, which shows how they worked with the aid of twenty-five local organizations and employed 211 active workers. Mr. H. H. Pace, Secretary of the Standard Life Insurance, is President of the Atlanta Committee, and Mrs. John Hope, General Chairman.

The campaign in Salisbury, N. C., was conducted under the general direction of the Salisbury Colored Civic League, of which Mrs. W. F. Kelsey is President. The work of the New Madrid Committee was conducted under the direction of the Colored Home Protection League, of which the Rev. J. W. D. Mayes is President.

The reports from Nashville, Tenn.; Calhoun, Ala., and Evansville, Ind., deserve special mention, and it is the hope of officers in charge that the reports of the committees named by the judges for prizes and for special mention may be put into booklet form, as guides for the observance of future Clean-Up Weeks.

The judges in the contest were as follows:

Dr. Robert E. Jones, Editor Southwestern Christian Advocate, New Orleans, Louisiana; Dr. A. M. Curtis, Physician and Surgeon, former Surgeon-in-Chief, Freedmen's Hospital, Washington, D. C.; Hon. J. C. Napier, President National Negro Business League, Nashville, Tennessee; Dr. Robert R. Moton, Principal Tuskegee Normal and Industrial Institute, Tuskegee, Alabama; Mr. Heman E. Perry, President Standard Life Insurance Company, Atlanta, Georgia; Mr. C. C. Spaulding, North Carolina Mutual and Provident Association, Durham, North Carolina; Mr. M. N. Work, Editor Negro Year Book, Tuskegee Institute, Alabama; Dr. D. W. Byrd, President National

Medical Association, Norfolk, Virginia; Mrs. Mary B. Talbert, President National Federation of Colored Women's Clubs, Buffalo, New York; Miss Nannie H. Burroughs, Principal National Training School for Women and Girls, Washintogn, D. C.; Mr. Eugene Kinckle Jones, Executive Secretary National League on Urban Conditions Among Negroes, New York City; Dr. A. Wilberforce Williams, Physician and Surgeon, Health Editor Chicago Defender, Chicago, Ill.

Chattanooga is wideawake with interest and activity preparing for the next meeting of the League, and the program which is now nearing completion includes a long list of successful business men and women, whose stories of struggle and success will make the session one of inspiration to all who may be present.

Various communities are already arranging for special delegations and the railroads are co-operating by offering reduced rates and arranging for the special care and accommodation of the delegates and officers. For detailed information write to J. C. Napier, President, Nashville, Tennessee; T. J. Elliott, Chairman of the Executive Committee, Muskogee, Oklahoma; or Emmett J. Scott, Secretary, Tuskegee Institute, Alabama.

LOUISIANA DEPARTMENT OF EDUCATION HELPS HEALTH WEEK

The National Health Week as promoted the National Business League through its corresponding secretary, Mr. Emmett J. Scott, bids fair to be a permanent institution in the life of our people. It is winning friends on every hand. The Health Week observed this year received strong support from influential sources, among these we are delighted to note the effort of Mr. Leo M. Favrot, State Agent of Rural Schools for Negroes in the State of Louisiana. Mr. Favrot issued a circular to all the parish superintendents throughout the state of Louisiana, to the Jeanes Fund Agents and to a large number of Negro schools and colleges. In this circular Mr. Favrot placed large stress on the causes and prevention of diseases most common and most fatal among Negroes, and advised the organization of clean-up campaigns among Negroes for the clean-

ing of homes, premises, schools, churches, etc., and to repair, paint, whitewash, build toilets, and to teach the value of fresh air in every home and schoolhouse at all times, and the necessity for an ample supply of pure, fresh water.

Mr. Favrot instructed 1th Jeanes Fund Agent to take charge of the work in his particular parish for the week and organize movements in every Negro community. The Agent was urged to secure the co-operation of all ministers and leading citizens, white and colored. In parishes where Agent was employed, Mr. Favrot urged upon the parish superintendent to call a meeting of the leading Negro citizens and appoint a committee to take up the Health Week movement, the aim being to get the ment of something that was definite. Mr. co-operative effort toward the accomplishment Favrot very pointedly urged that it be borne "in mind that it is not speeches that we are after, nor programs to entertain the people, but we want to teach them what they ought to know about how to keep well and we want to see them work to that end and get definite results."

In addition to this Mr. Favrot distributed a number of pamphlets and circulars on Health among Negroes and in other ways co-operated in the making of Health Week in this section a success. The Business League and all good thinking people are grateful to the State Agent of Rural Schools for Negroes for this fine example and in the co-operation he has given toward making Health Week a success.

Negro Restaurant Cleanest in Chattanooga

Southwestern Christian Advocate 5/3/17
The state pure food and drug inspectors after a two weeks' inspection tour of the restaurants and hotels in Chattanooga, Tenn., the inspectors declared that the cleanest, in short, the only "really clean" restaurant in Chattanooga was on East Ninth street operated by a Negro. The inspectors further state: "Violations of the state pure food laws and of the city ordinances are found in every place but one, the establishment on E. 9th street. We are coming back for a second inspection and some 8 or 10 restaurants will be closed permanently by injunction unless they clean up and stay clean."